

**Arthritis Care
Annual Report and
Accounts 2007**



Everyone knows someone with arthritis

Our vision:

Arthritis Care wants a society in which the needs of people living with arthritis are understood, respected and fully met.

Our mission:

Arthritis Care exists to support all people with arthritis.

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Chair's introduction



With around nine million people living with arthritis across the UK - everyone knows someone with arthritis. What most people don't realise is that arthritis affects children as well as adults, is the single biggest cause of physical disability and accounts for around 30 per cent of GP visits. Arthritis Care has never been more relevant.

Last year we celebrated our 60th anniversary and proudly reflected on the support we have given to millions of people over the decades. But we also realise this support couldn't have been achieved without the hard work and commitment of our dedicated volunteers. So it was a key aim to recognise our volunteers in our diamond jubilee year through a series of awards and events across the UK.

The year also saw the organisation's withdrawal from running a hotels service. Arthritis Care opened its first hotel in 1961 to make it easier for people with arthritis and their families to have holidays. Thankfully, recent disability laws have changed the holiday landscape and today many more hotels are accessible. In 2006, we decided to make the difficult decision to withdraw from the hotel business, which would have lost an estimated £1m by 2011. We are pleased to report that two of our four hotels, Orton Rigg in Poole and New Mayfair in Blackpool, have been sold as going concerns during 2007 and are continuing to welcome guests with arthritis. At the time of writing, we are in continued negotiations over the sale of the Burnlea in Largs and are working closely to support a local charitable community consortium for the purchase of Lovat Lodge in Invernesshire.

Last year we promised to report on the outcome of a drive to boost member numbers. As you will read in the report, we have tested a number of activities to support the growth in membership. By the end of the year we had a hugely successful campaign, *People Like Us*, which generated over 200 direct members supporting the organisation. We continue to prioritise membership growth under the aims of the new five-year plan.

On a financial note, we ended 2007 in good financial shape, in the main due to the much valued income from those leaving a legacy to Arthritis Care.

During the year the board has continued to maintain a training programme through board development days and has implemented a board skills review.

Looking to the future, we have begun to implement our exciting five-year plan. It is called *Putting people with arthritis first* and sets out a seven-point action plan working towards 2012.

To reach our conclusions, we spent 18 months talking to almost 2,000 people - those with arthritis, their families, their doctors, nurses and other health professionals. We are confident it represents exactly what people with arthritis need. Details of the five-year aims and the objectives for 2008 can be found in more detail in the review.

Sixty years ago, our founder Arthur 'Waring' Bowen worked hard to establish the organisation. Now the work begins to put the first set of plans for 2008 into operation and to move ahead in the 21st century with confidence and determination.

A handwritten signature in black ink, which appears to read 'R Blair'.

Rosemary Blair
Chair, Arthritis Care

A message from our Chief Executive



Everyone knows someone with arthritis. Quite often it will be an older relative. But what about the young woman two doors down who has difficulty walking? Or the child in your daughter's class at school who keeps having hospital appointments?

In the 60 years of Arthritis Care's existence, the condition has become more widely known and spoken about but in many ways, arthritis is still a hidden disease. Young people don't like to talk about their pain with their school friends and constantly worry about 'going on' about it. Older people are afraid of being seen as complainers, so they keep quiet.

Arthritis is all around us in unexpected places – the person working in a call centre, the A'level student who wants to be a vet, the builder who runs marathons – all real examples from this year's report.

It was people just like these whom we approached when we needed to find out what people with arthritis really wanted from Arthritis Care. We asked almost 2,000 people for their views and the replies have formed the basis for our five-year plan leading up to 2012.

Among those we asked were health professionals and volunteers. The message was the same from all. People with arthritis want Arthritis Care to speak up for their needs, dispel negative myths about the condition and to work more closely with health professionals.

Over 90 per cent agreed that the aims were right and we feel we have a real mandate for moving forward.

I am deeply honoured to have been asked to lead, on behalf of all patients, the Department of Health in England's drive to reduce the waiting time between GP referral to the start of hospital treatment. As Patient and Public Champion for the '18 weeks programme' I will be in the perfect position to see through the implementation of the *Musculoskeletal Services Framework* launched in October 2006.

Arthritis Care was also pleased to help the Department for Work and Pensions with the development of the new incapacity benefit assessment. Following our input, the criteria will take into account the fluctuating nature of the condition.

At the heart of our five-year plan is the deep-seated desire to reach people at their exact point of need. This came out very clearly in our video diaries project, which was such a success at speaking to people about the kind of issues facing people with arthritis and simply being accepted as you are, rather than having to fight stereotypes.

Another excellent way in which we help younger people understand arthritis is through our work in schools, the *Kids Have Arthritis Too* workshops. In just 45 minutes pupils and teachers gain a real sense of every day living with arthritis from difficulty tying shoelaces to putting on socks.

We want a society where people understand the true nature and impact of arthritis, understand what can be done to manage the condition and have access to the support and treatments they need to improve quality of life. It's the very least we should expect for the nine million people living with arthritis today in the UK.

Everyone knows someone with arthritis. Arthritis Care works to make sure that everyone understands what it is like to have arthritis.

A handwritten signature in black ink that reads "N. J. Betteridge". The signature is written in a cursive, slightly slanted style.

Neil Betteridge
Chief Executive

Celebrating 60 years

A significant point in our history

The 60th anniversary of Arthritis Care in 2007 marked a significant point in the organisation's history.

At its foundation in 1947, one year before the National Health Service was established, the organisation worked to help people understand arthritis, alleviate pain, isolation and disability and support self-management of the condition.

But at the launch of six months of Diamond Jubilee celebrations in April, chief executive Neil Betteridge warned: 'Today, we have almost come full circle. There is now an NHS but there is still no cure for arthritis. And there is a worrying new sense that people with arthritis are once again on their own – there is much talk of healthcare rationing, the postcode lottery, and cutbacks to the health professions who serve people with arthritis.'

'At the same time, the speed of health service reform means that Arthritis Care is no less vital to people with arthritis in 2007 than it was 60 years ago. People still need support, and signposting to services, and they need more help than ever in getting their voices heard.'

Arthritis Care was founded as the British Rheumatic Association in 1947 by the 25-year-old Arthur 'Waring' Bowen. He had developed ankylosing spondylitis (AS) when he was aged just 18. An undergraduate at Aberystwyth University, he had intended to enter the church, but a bad fall triggered the onset of severe AS in his spine.

His widow Helen says: 'Waring was always very conscious of the isolation felt by people in his position and this is what led him to form an association for people with rheumatism. When I look at how many people have benefited from Arthritis Care, I'm very glad he did.'

SPARKLING CELEBRATIONS

The Diamond Jubilee celebrations were launched during Arthritis Care Awareness Week in April 2007. They ran until World Arthritis Day on 12 October,

culminating with a reception at Westminster, at which volunteers were thanked for their loyalty, support and commitment through the awards ceremony.

Volunteer of the year, the top award, went to 83-year-old lola Richards, who has been the leading light of her local Denbigh branch in Wales for 18 years. A person with arthritis and a former nurse, she said: 'I stuck out my chest as a proud Welsh woman when I was presented with my award.' As welfare officer for her branch, Mrs Richards keeps in touch with members in her area, sending birthday and get-well cards and contributes news items to the local Welsh community magazine. The Denbigh branch organises fortnightly afternoon teas, three outings a year and Christmas lunch, as well as social activities, hospital visits and fundraising coffee mornings.

Champion of the year was Dr Carrie Britton for her work to improve the lives of children with arthritis and their families, as author of a bi-lingual Welsh/English book for families of children with arthritis.

The **volunteer who helped recruit the most members** was James Lawes, membership secretary of Hereford branch.

Spreading the Word and the **Fundraising and Awareness Achievement** awards both went to information volunteer, Shane McCaffrey from Antrim in Northern Ireland.

Helping People to Help Themselves award was presented to Briege Gault, Barbara Colgan and Marlene Skuce, three mothers of children with arthritis who founded JOINTZ, an Arthritis Care partner organisation in Northern Ireland.

Various events took place across the UK to celebrate the anniversary and present awards to our volunteers, including:

- Arthritis Care in North England joined with Age Concern to host a lunch for 200 volunteers at Ripon race course. One race, the Arthritis Care in North England Diamond Jubilee Maiden Stakes, put

Arthritis Care's name firmly in the spotlight among 10,000 race-goers

- in Gateshead the council designed and planted a '60 years' flower bed to support Arthritis Care
- a Jane Asher rosebush was planted at Whipps Cross Hospital, North London, organised by the Woodford Green branch
- several branches used the anniversary to set up colourful stalls in shopping centres and distribute leaflets about Arthritis Care, making contact with hundreds of people
- Arthritis Care in Northern Ireland honoured two individuals who had worked hard to bring about change for people with arthritis. Iris Robinson MP was named politician of the year and leading rheumatologist, Dr Allister Taggart also received an award
- Arthritis Care in Scotland celebrated the diamond jubilee with a gala event where Jackie Baillie MSP was named Scotland's politician of the year for improving the lives of people with arthritis
- in August, Alex McLeish, then Scotland's football manager, met young people with arthritis and signed their autograph books at Scotland's national football stadium, Hampden Park, in a publicity photoshoot.

9.0m

Arthritis is the UK's biggest single cause of physical disability, affecting around nine million people.

Timeline

1 February 1947: British Rheumatic Association (BRA) founded by Arthur Mainwaring Bowen. By October it has 554 prospective members.

1949: BRA becomes a registered charity.

1950: First radio appeal for funds on the Week's Good Cause raises £1,135 (around £80,000 in today's money).

1959: Name changes to British Rheumatism and Arthritis Association.

1972: Silver jubilee celebrations.

1974: 100th local branch opens in Paisley – still going strong today.

1975: The 130 group for young people with arthritis under 40 is launched.

1980: BRA founder, 'Waring' Bowen dies aged 57; *Arthritis News* launched.

1983: Name changes to Arthritis Care.

1985: First Arthritis Care Awareness Week; Terry Wogan hosts reception to launch a film about the work of Arthritis Care.

1987: Duke of Westminster, president of Chester branch, becomes national president.

1989: Arthritis Care Helpline is launched.

1994: First three-year programme of self-management training courses.

1997: *Arthritis Care into the Millennium*, is launched at the 50th Anniversary AGM.

1999: Arthritis Care website goes live.

2000: Arthritis Care receives a £500,000 NLCB Grant to support the development of our policy and campaigns work across the UK.

2002: *Arthritis News* publishes 100th issue and is presented with the Leonard Cheshire media award for representing and reporting on disability in a positive manner.

2004: Arthritis Care launches *OA Nation*, a report revealing that millions of people with osteoarthritis - four out of five - live in constant pain; Duke of Westminster steps into role of Patron and Jane Asher becomes president.

2006: Arthritis Care develops a new self-management course, Challenging Pain.

2007: Arthritis Care celebrates its Diamond Jubilee.

Campaigning

Arthritis affects people just like us

We aim to make everyone aware that arthritis can affect anyone and to ensure that all people with arthritis receive the services and support they deserve, wherever they are.

WHAT WE AIMED TO DO:

- to involve more people in our campaigning activities, particularly those with arthritis themselves
- to work with our MPs and other policy-makers to raise awareness of the issues and to ensure policy strategies are implemented
- to involve young people, those in their working years, older people and whole families in planning the type of services that are right for them, including paediatric services and those for the elderly
- to raise awareness of arthritis among employers and give them the confidence to employ and retain workers with arthritis.

WHAT WE ACHIEVED

We aim to involve more people in our campaigning activities, particularly those with arthritis themselves.

Thousands more people signed up to the Arthritis Care campaigners' network, a loose affiliation of people who want to raise awareness of issues affecting people with arthritis. Numbers rose from just 533 in 2006 to more than 6,700 today, of which 833 people are actively involved on local committees and health advisory panels. Their campaigns range from preventing closure of health facilities – a group of people are currently campaigning to keep open the hydrotherapy pool in St Albans, Hertfordshire – or for improvements on transport or in shops.

In our Involving Users as Experts project, we are training people with arthritis how to campaign effectively and to encourage them to sit on local committees or planning boards. Funded by a grant from the Department of Health over three years, in 2007 we ran three courses across England. An independent survey found that six of the ten delegates have become involved in local campaigning.

In Caerphilly Wales, where a rheumatologist was available for just half a day for 170,000 patients, Arthritis Care has supported two volunteers, Margaret Jones and Eileen Robson, to have the confidence and skills they need to participate on their local health board advisory group. As a result, a working group is now seeing how rheumatology services could be developed in the county.

We aim to work with our MPs and other policy-makers to raise awareness of the issues and to ensure policy strategies are implemented.

In Scotland, Arthritis Care issued a challenge to the Scottish Parliament. Around 20 people with arthritis asked their MSPs to look at four issues affecting people with arthritis: exemption from prescription charges, wider and legally enforceable disabled parking bays, free access to hydrotherapy exercise classes, self-management support and training.

In response, MSPs asked questions in parliament of Nicola Sturgeon, Scotland's Cabinet Secretary for Health & Wellbeing. Three of the four aims have been adopted by the Scottish Government and Arthritis Care is proud of its role in changing the way arthritis is viewed by top policy-makers.

In Wales, after years of campaigning and partnership work, the Welsh Assembly launched an all-Wales Arthritis Strategy – the *Arthritis and Musculoskeletal Commissioning Directives*. Arthritis Care gave presentations to all four party conferences on the need to implement these directives which informed candidates in the 2007 Welsh General Election about the key actions from the strategy for people with arthritis in Wales.

In Northern Ireland, Arthritis Care was a founder member of the Long-Term Conditions Alliance, which aims to support people with long-term conditions. Since its official start in June, committee members have met with senior health officials to promote self-management training.

In May 2007 our chief executive, Neil Betteridge, was appointed Patient and Public Champion for the Department of Health in England's '18 weeks programme' – the time between a GP referral and start of hospital treatment. In this influential position he is aiming to see through the implementation of the Musculoskeletal Services Framework (MSF) launched in October 2006. This sets out to improve assessment, diagnosis and treatment for people with arthritis and other musculoskeletal conditions. He has already gained commitment from Government ministers that it will be implemented in England.

We aim to involve young people, those in their working years, older people and whole families in planning the type of services that are right for them, including paediatric services and those for the elderly.

One in five of the adult population of the UK has

arthritis – around nine million - of which 27,000 are people under 25. As the population ages, so the numbers of people with arthritis will rise.

We are developing relationships with Help the Aged and other older people's charities. During 2007, we have given presentations to people from the health and social care sectors at two Age Alliance Cymru workshops. We pointed out the benefits of involving the older people they care for when they design their services and how the voluntary sector can make a huge contribution to encouraging users to get involved in service (re)design to meet their needs.

Arthritis Care's Young People's Project is an initiative to support children over 12. Again in 2007, the project had a strong presence at the national conference of the British Society for Paediatric and Adolescent Rheumatology (BSPAR). Attended by health professionals from all over the UK, it was an opportunity to raise awareness of the work of Arthritis Care with young people and encourage paediatric rheumatologists to let their patients and families know about the support services we can provide.

We aim to raise awareness of arthritis among employers and give them the confidence to employ and retain workers with arthritis.

Arthritis Care was asked by the Department for Work and Pensions to help with the development of the new incapacity benefit assessment.

We organised a focus group of people with arthritis and met representatives from the department. During two sessions, we were able to give our responses to the new work capabilities assessment questionnaire from the perspective of people with arthritis, which is due to replace the personal capability assessment from October 2008.

Following our input, the new criteria will take into account, among other things, the fluctuating nature of arthritis, enabling people with arthritis who are unable to seek employment to receive appropriate benefits.

72%

Nearly three-quarters (72 per cent) of people with arthritis meet the legal definition of disability.



Lorraine Pulford: tireless campaigner

Lorraine Pulford developed arthritis in 1993 and uses a wheelchair. But she is more active at 54 than many people half her age: she swims once a week to keep her arthritis at bay and she's a 'friend' with the local primary care trust.

She's a determined campaigner and her first success was persuading the council to stop cars parking over the disability ramp on a pavement near her home.

'It was the only way I could get to the shops. Getting out and about isn't easy and if you can't take your wheelchair where you need to go, it makes life very difficult. I keep a small wheelchair at the call centre where I work and use my scooter for shopping,' said Lorraine.

But she has been left stranded at bus stops 'countless times,' sometimes in the freezing cold, because the bus driver was forced to obey a ruling to take only one wheelchair or one pushchair at a time.

'It's the policies I am trying to change,' she says. 'Once, I was the one on the bus and the driver refused to take a pushchair even though there was plenty of room.'

Lorraine began copying Arthritis Care into all her campaigning letters and soon Arthritis Care was helping her fight her causes, setting up meetings and putting her in touch with people.

Her letter-writing has now led to an invitation to teach bus drivers about disability access for Nottingham City Transport. She also attends a transport accessibility committee connected to her local borough council and is a member of Nottingham County Council transport access group.

'I feel as though things are changing. There are new stickers on buses now and one of the bus companies does seem to understand more, so it's worth the fight,' says Lorraine.

Information and support

How we helped people improve their lives

We aim to provide clear and accurate information that will help people with arthritis improve their lives.

WHAT WE AIMED TO DO:

- to put people with arthritis in touch with each other for mutual support
- to explain to as many people as possible what it means to have arthritis using as many different channels of communication as possible
- to provide people with arthritis with as much information as possible so they are better informed about their condition
- to work with professionals in health and education to raise awareness of the impact of arthritis.

WHAT WE ACHIEVED

We aim to put people with arthritis in touch with each other for mutual support.

In Yorkshire, Arthritis Care has worked hard to develop a strong network of links with other community groups in the area including the Bradford Alliance on Community Care, Age Concern and the Leeds Older Persons Forum. This has enabled people to hear about the help and support available from Arthritis Care.

The Arthritis Care website discussion forum added a new online parents support group and Chit-Chat zone during 2007 - and the overall numbers of people using our on-line discussion forums has soared to 73,000 visits in 2007. People see the forum as a lifeline: teenagers who keep quiet about their pain are amazed to find friends through the forum who are going through the same thing. Other people who are trying to hold down jobs and have experienced what one user called a 'deep black hole' in their lives say things like:

'I couldn't begin to tell anyone without 'Arthur' (arthritis) what this site with all its help and friendship has brought to me. I know that even by just typing something into the forum many people will spend a few seconds thinking about me and the others whose posts they read. That is so wonderful and so amazing.'

We aim to explain to as many people as possible what it means to have arthritis using as many different channels of communication as possible.

In print, on the internet, over the phone, face-to-face, through video, on radio and television, Arthritis Care has provided thousands of opportunities for people to hear about arthritis and to get in touch with the organisation during 2007.

More than 228,000 copies of our magazine, *Arthritis News*, were distributed during 2007 to individuals and in a feedback survey, readers called it 'a gem, keeping me up-to-date with medications' and 'a most valuable source of information.'

In September the Arthritis Care website won first prize in the prestigious British Medical Association awards. The judges called it 'a fantastic website with comprehensive resources on both the clinical and social aspects of arthritis.'

Our Video Diaries project, *People Like Us*, captured the everyday experiences of 13 people through short personal videos. They spoke about subjects close to their heart: from worries about future employment, difficulties with every day packaging to finding it hard to be young with arthritis when no-one understands. The diaries attracted media coverage which helped raise awareness of the every-day impact of living with the condition and drew more than 200 new members to the organisation.

Out and about, Arthritis Care representatives spent time at public events meeting people and talking about the needs of people with arthritis. We took information to thousands of people at seven county shows and six public health days in the North of England. And across England, we attended 14 lunches for retired ex-employees of Sainsbury's alongside Help the Aged.

We aim to provide people with arthritis with as much information as possible so they are better informed about their arthritis

Our helpline service received more than 9,700 contacts in 2007, of which 40 per cent were contacting Arthritis Care for the first time. Some 5,421 individual information packs were sent out to people giving them further information to better understand and manage their condition. Our helpline user survey showed that 96.5 per cent of respondents changed something in their lives from seeking medical advice to changed diet or simply requesting further information from Arthritis Care. The telephone helpline service is nationally accredited and one user commented: 'It's great you are at the end of the phone, as isolation each day, together with exhaustion and pain 24/7 is hard to come to terms with.'

The number of visits to our website continues to grow by 10,000 a month – a total of 407,202 visits over the year. Our Central England region has customised their

website section so that people can sign up online to a training course in their area (71 registered in 2007). We worked with our Burton on Trent branch to launch a website for their group and trained two volunteers to upload content providing relevant information to people with arthritis in their area.

In Scotland we ran workshops for more than 500 over 60s on the benefits of healthy living, thanks to Big Lottery funding. These talks give people with arthritis information on how changes to diet can help with managing arthritis in a friendly and relaxed environment.

We aim to work with professionals in health and education to raise awareness of the impact of arthritis.

In Hammersmith and Fulham district of London, we set up a pilot scheme for GPs and pharmacists to hand out information 'prescriptions' to people with arthritis. Working alongside Diabetes UK, Asthma UK and the primary care trust, the partnership ensured people living with these long-term conditions in this diverse borough received information on support available at key stages such as diagnosis and changes in symptoms.

Independent Living with Arthritis was endorsed by the College of Occupational Therapists and launched at their national congress with every delegate receiving a free copy helping to raise awareness of the work of Arthritis Care and encourage more referrals from therapists to us.

An increasingly popular way of informing teachers and fellow pupils about arthritis in young people is our well-established Kids Have Arthritis Too workshop for 11-16 year olds. In 2007, three of these 45-minute workshops reached 805 pupils and their teachers. They include activities to help pupils understand the condition: tying shoelaces while wearing large gloves or putting on socks without bending over. Positive feedback after a new teacher workshop means that we will roll this out across the South of England during 2008.

1 in 5

With one in five of the UK population affected by arthritis, everyone knows someone with arthritis.



Tips for healthy eating

'I'm going to stop eating black grapes,' said one elderly lady after a one-hour talk on healthy eating. 'I'm going to use a chip basket in a pot of potatoes to make it easier to drain them,' said another. 'And no more cream teas for me,' said a third.

The women were all participants in Arthritis Care's healthy eating workshop, based on its popular publication *Healthy Eating and Arthritis*, and aimed at the over 60s in Scotland.

'Giving this information as a public talk means that men and women can ask questions about their diet and can share their local knowledge,' said Arthritis Care's policy and campaigns manager in Scotland, Katy Green. 'So they might know of a local butcher who does home delivery, for example. This is important for older people.'

Nearly all the 27 trained volunteers giving the talk have arthritis themselves and so can speak from experience about the importance of healthy eating and arthritis.

In all, during 2007, 35 workshops reached 518 people from Orkney down to Dumfries and Galloway. Some were in church halls or community venues and one near Dumfries even took place in a pub.

Participants, who come from Arthritis Care branches, their friends or other groups such as churches or sheltered housing, learn tips about cooking nutritious food when they are tired, making full use of home delivery services, the helpfulness of vitamin supplements and the importance of healthy eating for managing arthritis. They also hear general information about arthritis itself and the work of Arthritis Care.

After the course, pledges from participants have included: 'I'll cook larger portions and freeze', 'I'll prepare meals in advance on my good days' and 'I'll make sure I get my calcium quota.'

The healthy eating presentation is just one of three to be delivered under this Big Lottery funded project: the two to come are on exercise and dealing with pain.

Self-management training

We help people to manage their condition

We aim to support people who have arthritis to manage their condition and to raise awareness among those who don't have arthritis to understand people who do.

WHAT WE AIMED TO DO:

- to use self-management courses to help people, young and old, to manage their arthritis and its impact on their lives
- to work with the national health services, local councils and employers to increase their understanding of arthritis and how it affects people.

WHAT WE ACHIEVED

We aim to use self-management courses to help people, young and old, to manage their arthritis and its impact on their lives.

In 2007, we supported 2,258 people living with arthritis or other long-term conditions through 152 self-management courses. All our courses are free to people with arthritis.

Our flagship course is still Challenging Arthritis, held over six weeks for half a day a week. That and the more generic Challenging Your Condition course aim to help people set realistic goals for managing their condition and then raising confidence levels to reach those goals and provide simple pain management exercises. For some, training with other people with arthritis is most important; others prefer to meet people with other conditions. The outcome is just as powerful for both groups.

On top of that, we reached out to young people through a range of workshops, seminars and activity weekends. In the South of England, we ran two positive futures workshops, one combined with a family day, two positive futures activity weekends, and four Kids Have Arthritis Too workshops.

Ouch Out is our new pain management course for young people to learn techniques to relax and to deal with negative emotions. 'We learned breathing techniques which are really useful when I get stressed out,' said one young participant.

We also train the trainers. Following a successful trial of our new adult course, Challenging Pain, we have trained more than 40 staff and volunteers to run the course across the UK. This two half-day pain management course is popular with men, normally a harder group to reach.

A positive futures volunteer training weekend in Swindon taught eight volunteer youth workers over three days how to deliver positive futures workshops themselves. 'The weekend gave me the confidence to help other people with arthritis and benefited me personally as I met other volunteer youth workers who have arthritis,' said one volunteer.

And in Northern Ireland a further five young people have been trained as youth contacts who can deliver the young people and families programme in their area.

We aim to work with national health services, local councils and employers to increase their understanding of arthritis and how it affects people.

As a leading member of the new Long-Term Conditions Alliance Scotland, Arthritis Care has helped set strategy for the Scottish Government over policies for long-term health conditions. As leading providers of self-management services, Arthritis Care in Scotland - along with other organisations - developed '*Being Human: A Strategy for Managing Long-Term Conditions in Scotland*', and the Scottish Government has committed £11 million over the next three years to implement this approach.

In the Devon and Cornwall primary care trust, we have supported staff through our Challenge Your Condition course – a self-management course for all long-term conditions, not just arthritis. We also brushed up the skills of 21 expert patient programme tutors in a one-day course.

Our Arthritis Awareness courses are increasingly tailored for staff in other statutory and voluntary sector organisations such as care homes and

council staff across the UK. Following the course, staff have a greater empathy and can communicate better with people with arthritis in their care. Hampshire County Council, in particular, has taken up the challenge and has commissioned three workshops to train 80 staff each year.

There are now 15 staff across the UK able to run Preparing for Work self-management courses, which supports people with arthritis who want to return to the workplace giving them the skills to manage their condition and the confidence to take the steps needed to get back to work.

£5.7b

The Health and Safety Executive (HSE) estimate arthritis costs the economy £5.7 billion a year.



Kirsty Morrison: teenage mentor

At 17 years old, Kirsty Morrison is one of the youngest trainers at Arthritis Care. From Bangor, Northern Ireland, she feels she is able to understand the 12-15 year olds she is mentoring.

'I think it is nice for them to have someone young they can relate to,' she said. 'School is a barrier for a lot of them with teachers not understanding the condition. I'm still at school so I can help give them ways and means to express themselves assertively.'

Diagnosed with C-syndrome, a form of arthritis that affects the back, at the age of 12, Kirsty has not let it influence her life. Studying four A' levels in maths, physics, chemistry and biology, she eventually wants to be a vet, but finds she has to pace herself.

'I'm a leader at my local youth club and I go to the gym a couple of times a week,' said Kirsty. 'I think you just have to know your limitations and as long as you do, you can do most things.'

That's what she tries to tell the young people that she comes into contact with on Arthritis Care's young people's weekends.

Kirsty has been involved with Arthritis Care for five years and it was after a phonecall from Catherine Wright, Family and Youth Work Manager, that she considered training to be a trainer herself. She said: 'It was seeing the other youth contacts on weekends away that really influenced me to become a contact myself. Looking at the young ones faces when you help them really spurred me on.'

'Now, being with them and being able to help them through the tough times, the bullying and so on and knowing that they have a trust in you to be able to tell you personal things, is really amazing for me. Seeing the changes in them makes it all worth while.'

Fundraising

Helps us to speak with a strong voice

We aim to encourage more people to become Arthritis Care members because a strong membership enables us to speak with a strong voice on behalf of people with arthritis.

WHAT WE AIMED TO DO:

- to increase the number of people joining the organisation and supporting our work
- to change our approach to major gift fundraising by looking at it from the donors' perspective.

WHAT WE ACHIEVED

We aim to encourage more people to join Arthritis Care both nationally and locally.

During 2007, we increased the number of direct members, thanks to the success of a series of pilot recruitment projects.

An advertisement campaign in the national press in January 2007 drew more than 6,000 enquiries and in October our *People Like Us* video diary campaign resulted in over 200 new members joining the organisation directly and adding to our user voice.

We also aim to support our branches with their membership and conducted a trial campaign in 12 branches across the UK. We sent information about each branch and meeting dates to 100 people in each area who had previously made an enquiry to Arthritis Care. The campaign raised awareness and generated interest from people with arthritis who were looking for local support services, including new members to the organisation.

Our branches advertise their meeting dates on the main Arthritis Care website and local branches are popular with their membership: 'It is so important for people to know about the services and support which are available to them in their own area. Membership of a local branch enables people to meet others with the same condition, and helps combat isolation,' said Mefus Ensor, Woodford Green branch chair

Our new five-year plan is focused firmly on people with arthritis and it has the support of staff, volunteers and partner organisations. It has given clear direction to our fundraising between now and 2012.

Ways to donate range from payroll-giving, supporting appeals or running a marathon. Donors can make one-off gifts to specific campaigns or support us regularly through Direct Debit and everyone is encouraged to give tax-efficiently through Gift Aid when appropriate.

By the injection of more funds, we will be able to provide more support to people throughout their life stages – as young people, working people or older, retired people.

We aim to change our approach to big gift fundraising by looking at it from the donors' perspective.

In 2007 we started laying the groundwork for a new approach to our more major donor fundraising effort. In future, rather than raising money for the needs of specific projects, we will first look to see how our supporters, especially those giving through grants and trusts, would like their money spent.

This is a win-win way of raising money. Larger donors see their money spent in the way that they would like and Arthritis Care receives resources to make a real difference to people across our three lifestages: young people and families, working years and active retirement.

Large or small, donations are always carefully used. Part of a large legacy donation made in 2006 was used to run an open day on the Isle of Man meeting health professionals and government ministers. The local branch of Ellan Vannin has grown from just two volunteers to more than 20 during 2007 and a campaign is under way for a hydrotherapy pool.

Smaller donations added together will also make a difference. A fund of £2,000 has enabled a volunteer in Southport, Lancashire, to train and set up a volunteer network for Arthritis Care, enabling information to be spread more widely in the area.

Examples of fund raising during 2007:

- Harley, a Dales pony, raised £2000 for Arthritis Care by trekking 100 miles with his owner Jane Thomson
- Arthritis Care's Leicester self-help group was awarded a grant of £1,000 from Community Champions towards hydrotherapy services and gym equipment. The gym machines are standard machines which can be adapted so that people with arthritis can use them to get fit
- the 2007 London Marathon saw 41 runners turn out for Arthritis Care, one of our biggest ever teams raising an amazing £70,000 through their efforts
- Arthritis Care produced a commemorative newsletter to celebrate the 60th anniversary. Some 50,000 copies were distributed with the May issue of *Arthritis News* and in response donations totaling £24,000 were received
- the anniversary jubilee raffle helped raise funds due to the support of branches, members and donors. Over £40,000 was raised through the raffle with branches retaining half of the proceeds sold locally to provide their invaluable community support.

£700k

Representation and campaigning cost Arthritis Care £700,000 during 2007.



Steve Medhurst: marathon winner

Steve Medhurst was approaching 50 when arthritis was diagnosed. He had run two London Marathons, taken part in the London Triathlon and a series of other runs and was at the peak of his physical fitness.

'To use a footballer's term, I was gutted,' said Steve, director of his own 50-strong construction company. 'After always being really active, it put a stop to it all – work, the gardening etc. I felt I was old before my time.'

Two years later after lots of willpower and self-confidence, together with medication, Steve was almost back to 'normal' and he decided to run the 2007 London Marathon.

'I didn't win a place in the ballot, but after I scanned various charities with places, I came across Arthritis Care. What better cause to run for than those with a problem that I share,' said Steve.

Generous colleagues and friends pledged money and he raised more than £2,400 for Arthritis Care. In all 41 runners donned Arthritis Care black and pink T-shirts in the 2007 London Marathon, raising £70,000.

'It wasn't easy raising the money, and I tended not to pester friends and family, but people were very generous. Arthritis Care helped me with fundraising, which was good.'

While other runners were running on behalf of friends or relatives with arthritis, Steve was pleased to be able to use his own arthritis for the extra publicity boost it gave the run and Arthritis Care. His local paper, the Kent Messenger, ran a story, for example.

The regular exercise has kept Steve's joints loose and he says it makes him feel much better – something his doctors have also been pleased to see.

'You do stiffen up a bit, but that just affects the muscles rather than the joints and the disease,' explained Steve. 'Exercise is a long-term thing and once the initial tiredness has worn off, you are fine.'

The future

Our new five-year plan

Last year Arthritis Care launched its plan for the future over the next five years leading up to 2012.

We spent 18 months talking to around 2,000 people to find out what people with arthritis want and what they need from Arthritis Care.

We talked to people with arthritis as well as their families and carers and we talked to doctors, nurses, therapists and health professionals from every relevant discipline.

The message came back loud and clear: people with arthritis want Arthritis Care to speak up for their needs, to dispel negative myths about the condition and to work in closer partnership with doctors, nurses and therapists so they feel confident about 'prescribing' Arthritis Care's services.

The plan was launched in July 2007, exactly 60 years since the charity was first set up. The launch event was hosted by Arthritis Care's patron, the Duke of Westminster, and attended by the charity's president, actress and businesswoman, Jane Asher.

Called *Putting People with Arthritis First*, the plan sets out what Arthritis Care aims to achieve by 2012. It has UK-wide objectives which can be tailored to specific national and regional needs.

Chief executive, Neil Betteridge, said: 'Arthritis Care is in a positive financial position, fighting fit, and ready to confront and tackle all negative attitudes to people with arthritis. We want a society where they are not neglected but respected, and their needs fully met and we won't take "No" for an answer.'

At its draft stage, it was endorsed by over 90 per cent of people who were asked for their views on it, so Arthritis Care is confident that it represents exactly what people with arthritis need.

11.8m

The number of people over pensionable age is projected to increase to 11.8 million by 2010.

OUR VISION:

Arthritis Care wants a society in which the needs of people living with arthritis are understood, respected and fully met.

OUR MISSION:

Arthritis Care exists to support all people with arthritis:

- directly, with high quality services and information about other forms of support
- indirectly, by influencing others we can make a positive difference to their lives.

OUR AIMS:

We will work towards a society in which:

- everyone with arthritis has information about, and access to, the best possible services and support
- people with arthritis get the best possible deal from government policies
- the impact of arthritis is better and more widely understood
- people are aware there are always positive steps they can take in living with arthritis
- Arthritis Care is universally recognised as the voice of people with arthritis throughout the UK
- health professionals understand and value the unique role of Arthritis Care and 'prescribe' us to their patients
- Arthritis Care is clear, confident and professional in the delivery of these aims.

IN 2008 WE WILL:

Aim 1: Everyone with arthritis has information about, and access to, the best possible services and support

- Produce a three year strategy to raise awareness of information and services for people with arthritis.
- Conduct research on key issues around access to services.
- Develop an outcomes-based monitoring and evaluation programme for services.

Aim 2: People with arthritis get the best possible deal from government policies

- Conduct research on the impacts and outcomes of current policy for people with arthritis.
- Train people with arthritis, and others, to contribute to published government policies and priorities in their area.
- Train and support people with arthritis to react effectively when government policies are not implemented.

Aim 3: The impact of arthritis is better and more widely understood

- Identify current public awareness levels of arthritis and its impact with a view to increasing awareness and understanding over the course of the plan.
- Ensure that all relevant health professionals are targeted with key messages, especially about the impact of arthritis on daily living.
- Support people to get the most out of their relationships with their health professionals.

Aim 4: People are aware there are always positive steps they can take in living with arthritis

- Review and evaluate the range of peer networks available to people with arthritis so they get the best support.
- Provide self-management tools and information to encourage people with arthritis to take better control of their condition.
- Develop information material for people at the point of diagnosis.

Aim 5: Arthritis Care is universally recognised as the voice of people with arthritis throughout the UK

- Implement a membership recruitment campaign.
- Generate a public relations strategy to enhance our profile with key audiences.
- Establish a network of well supported advocates and champions who promote the organisation to their peers.
- Complete a review of our image and identity.

Aim 6: Health professionals understand and value the unique role of Arthritis Care and 'prescribe' us to their patients

- Develop a clear strategy for reaching and influencing GPs.
- Prepare a presentation spelling out our 'unique role' for communication to target audiences.
- Recruit Arthritis Care champions in target groups who can promote Arthritis Care to their peers.

Aim 7: Arthritis Care is clear, confident and professional in the delivery of these aims.

- Achieve and maintain accreditation to Investing In Volunteers across the UK.
- Carry out an effectiveness and accountability review of approach and structures against our stated aim to be a fully 'user led' organisation.
- Introduce an HR strategy that ensures staff and volunteers are trained, supported and enabled to deliver our strategic aims.
- Introduce clear policies and standards that ensure Arthritis Care is seen by all stakeholders as an 'Expert Employer' that lives and practises its stated values.
- Develop a process of continuous improvement across the organisation linked to full reporting against corporate targets and achievements.

Report of the trustees

for the year ended 31 December 2007

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISORS

The trustees, who are also the directors of the charity for the purposes of the Companies Act, submit their report and audited financial statements for the year ended 31 December 2007.

The statements appear in the format required by the Statement of Recommended Practice for Accounting and Reporting by Charities (revised March 2005). The report and statements also comply with the Companies Act 1985.

Trustees, officers and professional advisors

Patron:

Duke of Westminster

President:

Jane Asher

Chair:

Rosemary Blair

Vice chair:

Ann Heaton

Hon. Treasurer:

Roy Whithear

Trustees:

Mary Cowern

William Davis (resigned July 2007)

David Doyle

Ann Frye

Richard Hull

David Humphreys

Chris Knight

Norma McDonald

Kathleen Peat

Samantha Peters

Terry Salter

Marianne Scobie

Chief executive:

Neil Betteridge

Company secretary:

Ade Lawal

Head Office

18 Stephenson Way

London

NW1 2HD

Tel: 020 7380 6500

Advisers

Auditors:

External

Sayer Vincent

8 Angel Gate

City Road

London EC1V 2SJ

Internal

Bentley Jennison

30/34 Moorgate,

London

EC2R 6LP

Bankers:

National Westminster Bank (Royal Bank of Scotland Group)

Corporate Banking London

9th Floor, 280 Bishops Gate

London

EC2M 4RB

Solicitors:

Pothecary and Barratt,

White Horse Court

North Street

Bishops Stortford

CM23 2LD

Russell-Cooke Solicitors,

2 Putney Hill,

London

SW15 6AB

Investment advisers:

Gerrard Ltd

Old Mutual Place

2 Lambeth Hill

London

EC4V 4GG

Report of the trustees

for the year ended 31 December 2007

STRUCTURE, GOVERNANCE AND MANAGEMENT

Structure

Arthritis Care is a charitable company limited by guarantee and was set up in 1947. The guarantee of each member is limited to £1. It is governed by a memorandum and articles of association, which were last amended on 14 July 2007.

Governance

Recruitment and appointment of new trustees

The composition of the board of trustees reflects the user-involvement ethos and devolved structure that underpins the work of the charity. Each of the seven national/regional committees elects one of their number (two in the case of Scotland) to serve as a trustee for three years. In addition, five trustees are directly elected by the membership to serve for three years.

On a three-yearly basis, the board elects from its membership a trustee to serve as chair of the charity (ex-officio) and a vice-chair. The honorary officer position of treasurer is filled by a recommendation of the board to the membership at the annual general meeting and serves for three years. The board also has the power to co-opt two others to serve as trustees for three years. There is presently one co-opted trustee. The majority of the current board are people with personal experience of arthritis.

Induction and training of trustees

On appointment each trustee completes a register of interests, which is renewed annually, and receives appropriate induction. Further training needs are met both individually and as an entire trustee board. Board development days are held regularly as part of committee timetabling. Three separate board training days in the last 12 months have covered financial awareness, trustees' liabilities, reducing risk and managing operational risk. During 2008 there will be continuing evaluation of board member skills and knowledge. A board appraisal has been undertaken and the appraisal of the chair, appointed at the 2007 AGM, is also scheduled for 2008.

Board effectiveness

Additionally the trustees are in the process of undertaking an overall review of the effectiveness of the governance structures implemented in 1999.

Management

Strategic management

The board meets as a whole at least four times a year and delegates some of its functions to three sub-committees - operations and resources committee, public affairs committee and audit committee. The audit committee is attended by Sayer Vincent and Bentley Jennison, the charity's internal and external auditors. In addition, four advisory groups exist to offer professional support to the committees on pensions, investments, medical advice and young persons and families. The advisory groups are made up of professionals including rheumatologists, orthopaedic surgeons and fund managers, and they provide direct input to the groups' planning. All the sub-committees and advisory groups have their decisions ratified by the board.

Operational management

Arthritis Care is organised into four UK-wide directorates.

The Public Affairs directorate works to improve understanding of the needs of people with arthritis, campaigns for changes in policy and practice and has strategic responsibility for the delivery of our information and self-management services.

The Operations directorate works to ensure regional and national teams achieve financial growth, extended reach and meet the objectives of the corporate strategy. The directorate encourages cross-directorate and cross-functional working throughout the organisation and supervises the activities of Arthritis Care's devolved structures, with the aim of achieving consistency and improvement in quality, as well as encouraging diversity, in response to local conditions and environments.

The Marketing and Fundraising directorate works to raise awareness of the organisation and raises funds from many sources including legacies, individual

Report of the trustees

for the year ended 31 December 2007

donations, membership, corporate sponsorship and trust and grant funding.

The Resources directorate includes financial support - financial reporting and management and internal audit and support services; human resources - recruitment, retention and development of staff and volunteers; company secretarial services - legal matters, good governance and IT; and facilities and health and safety services.

National and regional offices

Arthritis Care has national offices in Scotland, Northern Ireland, Wales and three regional offices covering North, Central and South England. Their objective is to achieve the campaigning and service delivery objectives of the charity taking into account their own local priorities and methods of delivery.

Relationships with related parties

Arthritis Care (Trading) Ltd

The charity's wholly owned trading subsidiary gifted a total of £17,680 to the charity, earned from merchandising. The trustees continue to review the future role of the trading subsidiary with a view to ensuring that the charity has the most effective arrangements in place for maximising tax relief and for complying with legal requirements.

Arthritis Care Abbeyfield (Devon) Society Ltd

The charity, until its dissolution, was a member of the society holding £1 share. The Society was

registered on 20 January 1995 under the Industrial and Provident Societies Act 1965 to manage Patterson Lodge, owned by Arthritis Care, as sheltered accommodation for people who have arthritis. The society ceased to manage Patterson Lodge on 5 March 2007; the Financial Services Authority registered an Instrument of dissolution for the Arthritis Care Abbeyfield (Devon) Society Ltd, on 10 September 2007. In accordance with its rules, the assets remaining, which amounted to £15,412 after satisfaction of all debts and liabilities, were transferred to Arthritis Care on 7 January 2008. This was notified to the liquidator on 22 January 2008.

Risk management

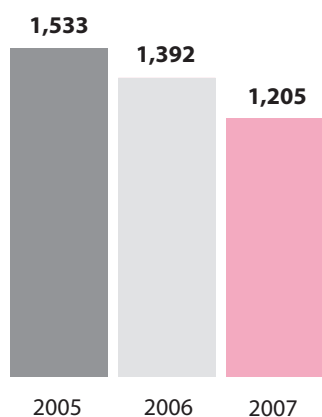
It is our policy proactively to identify, understand and manage the risks inherent in our services and associated with our plans and strategies, so as to encourage responsible, informed risk taking. Internal procedures are supported via an annual internal audit programme. There is a risk working group, consisting of the chief executive, directors of resources and operations and the risk executive that has overall responsibility for the ongoing maintenance and review of the risk register and evaluates policies, procedures and controls in place to manage and reduce the organisation's risks. The risk working group reports to the audit committee and board of trustees. During the year under review the trustees received a report from the internal auditors which has enabled them to monitor the progress against the recommendations made in previous years and to decide how to mitigate any new risks. During the year training was commissioned and delivered from both internal and external auditors ensuring both the trustees and the senior staff have the necessary skills for them to understand the nature and importance of different risks.

The result is that systems and procedures have been introduced that are designed to give the trustees assurance over the internal controls of the charity.

Volunteers and staff

The charity is grateful for the unstinting efforts of its appointed and elected volunteers and staff who are involved in service provision and fundraising. Last year over 1,200 volunteers were actively involved in delivering information, training, taking part in the

The commitment of volunteers is essential to our success



Number of volunteers

Report of the trustees

for the year ended 31 December 2007

campaigners' network and running our network of local voluntary branches.

Employee involvement and employment of disabled people

The charity has implemented personnel policies – and is developing still more – on matters relating to diversity, volunteering and health, safety and wellbeing. In-house workshops introduced new policies on dignity and stress awareness to raise the profile of dignity at work and how to interact in the workplace in a positive way. Next year we aim to monitor and evaluate effectiveness of the workshops. A staff panel comprising people from a range of jobs, including management and trade union representatives, and from different regions, will review the job evaluation scheme with the assistance of ACAS. We have a telephone-based employee assistance programme service that is available to staff and their families offering counselling and advice on both work and home-related issues. Part of the core corporate induction programme is training in diversity and its importance in creating dignity and respect. In accordance with Arthritis Care's equal opportunities policy, the charity has well-established fair employment practices in the recruitment, selection, retention and training of disabled staff including a disability leave policy.

FINANCIAL REVIEW

Review of the year

The charity has enjoyed several years of reporting a surplus in its unrestricted activities, mainly occasioned by better than expected income from legacies which has more than covered planned expenditure. But it would be imprudent to assume this would be a continuing trend into the future. While legacy income has been buoyant over the past few years, it is unpredictable. Efforts need to be made to seek more certain income streams. In addition, the organisation wishes to provide a consistent, and wherever possible improving, quality in particular areas of service delivery.

So the board made a decision to invest past gains into determining future priorities, activities and direction. From a financial point of view the aim was to develop an organisation which could confidently match income with expenditure on a consistent basis. The year under review, 2007, was a significant

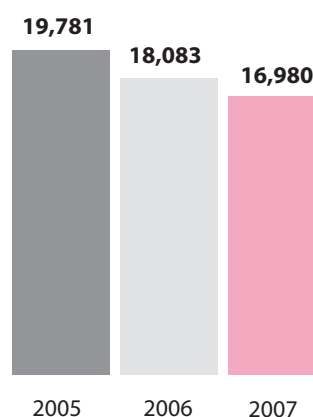
milestone in this journey for not only did the board designate significant additional funds at the end of 2006, over £800,000 to ensure progress, it has maintained such future investment by designating a further £571,000 from unrestricted funds to carry forward into 2008.

Investment in an extensive evidence-based strategic review and the development of a new five-year plan was launched and completed in 2007. The charity used the monies set aside for key project and development and has invested in a range of projects such as new self-management training courses, investment in volunteers and an online support for people with arthritis.

The year 2007 also witnessed the implementation of the board's desire to withdraw from directly managing a hotel service with the sale of the two English hotels and Patterson Lodge, a sheltered home. The surplus from the sale of these properties, £1,168,000 (net proceeds less the balance sheet value) was an extraordinary receipt that positively affected the results of the year under review. So the planned deficit did not happen. This was absorbed, as was the significant contribution (£203,000) to the pension fund.

The proceeds from the sales of these properties have been ring-fenced. Those from Patterson Lodge are being held as a restricted fund pending the

Falling membership is a challenge



Number of members

Report of the trustees

for the year ended 31 December 2007

outcome of consultation with members of East Devon and the Charity Commission in an attempt to meet the implied objectives of the original bequest. The proceeds from the hotels are technically an unrestricted receipt and available to allocate freely. However, the board has invested these receipts in cash Treasury Deposits while determining any new financial initiatives implied by the rolling out of the five-year plan.

The annual growth we have seen in voluntary income has not continued into 2007. This year £4,522,000 has been raised compared to the £5,180,000 raised in 2006 heavily influenced by legacy income which was £520,000 less than the previous year. Other voluntary income has also marginally decreased from £1,229,000 in 2006 to £1,092,000 in 2007. The hope is that continued investment into fundraising activity has arrested the recent decline. It is vital that sufficient voluntary income is earned to support the key charitable activities, none of which were, or are planned to be, self-supporting.

Basis of accounting

The key accounting policies remain unchanged.

Reserves policy

In support of the strategic objective to achieve financial security for the organisation, the trustees have reviewed the reserve policy of the charity including the branches. In setting the level of

reserve, the trustees take a risk-based approach providing a level which will mitigate against short-term risks and allow for the development of new opportunities and planned expenditure. The charity has a strong balance sheet comprising fixed assets. However legacies, which account for a third of all income, have large variations year on year and the reserve is set at a level to ensure ongoing stability.

The above was quantified and resulted in a minimum reserve requirement of £3,940,000. Unrestricted reserves, including designations are £4,507,000. (See note 18.)

In respect of restricted funds held by local branches and groups, it is the trustees recommended policy that reserves equivalent to two years' running costs should be aimed for. Regular meetings are continuing with representatives of the branches with the greatest reserves. The meetings focus on how funds in excess of two years' running costs can best be used locally for people with arthritis within a business planning approach. This year again saw a utilisation of these locally held reserves supporting the ongoing work of the charity (see note 5 (a)).

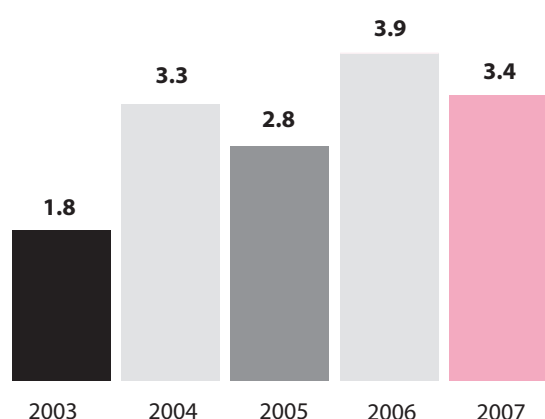
Principal funding sources and expenditure

Voluntary income and fundraising

Half of our income comes from voluntary donations. In 2007 we received £4,522,000 of voluntary income (2006: £5,180,000). Legacies account for 71% (2006: 75%) of voluntary income and 33% (2006: 43%) of our overall income.

The cost of generating the voluntary income, called fundraising in the financial statements, was £1,020,000 this is an increase of £95,000 compared to fundraising in 2006 which was £925,000. The balance of income can be matched to our charitable activities all of which to an extent are subsidised by net voluntary income.

Legacy income has doubled in five years



Legacy income £ million

Report of the trustees

for the year ended 31 December 2007

Income from charitable activities

The balance of our resources comes from the provision of our charitable activities which account for 40% (2006: 40%) of the charity's income. Our voluntary run branches and regional committees contributed over £108,517 to information and training in addition to the locally run branch activities.

Representation and campaigning

Representation and Campaigning raises £864,000 (2006: £431,000) against related expenditure of £1,178,000 (2006: £718,000). The charity's representation and campaigning work in England is funded by grants and donations from the Big Lottery & Community Fund. Arthritis Care also hosted the European project, People with Arthritis and Rheumatism in Europe (PARE). This was supported by grants from a number of pharmaceutical companies. Arthritis Care's role since 2004 has been to manage and service the project on behalf of the European League Against Rheumatism (EULAR). From January 2008 however Arthritis Care will cede all such duties and EULAR will fund all of its core work and directly manage the project. The PARE project accounts for 85% of income raised for representation and campaigning. Please refer to note 22 for full details of grants from pharmaceutical companies.

Information and support

Income for our information services is £492,000 (2006: £435,000) against related expenditure of £2,227,000 (2006: £1,892,000). Income is raised via advertising, membership and subscriptions, grants and contracts. This year again saw an increase across advertising and grant income and a continuing decline in income from membership.

Training

The portfolio of training services raised £305,000 (2006: £346,000) against related expenditure of £1,486,000 (2005: £1,268,000). The training services are funded via grants and course sales.

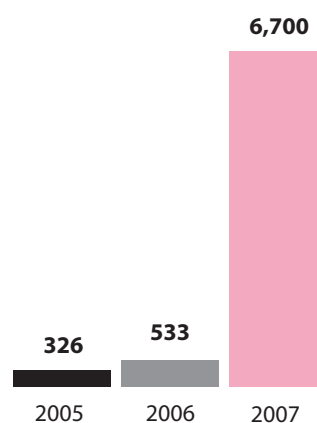
Voluntary run branch activities

The Arthritis Care network of voluntary run branches raised £963,000 (2006: £808,000) against related expenditure of £1,334,000 (2006: £1,347,000). The net outflow of resources is in line with the charity's reserves policy which is for branches to utilise reserves accounting for more than two years' running costs.

Hotels

Our four hotels raised £1,251,000 (2006: £1,621,000) against related expenditure of £1,722,000 (2006: £1,961,000). The trustees decided to withdraw from direct engagement in hotel operations early in 2006. During 2006 there had been a systematic search of possible charitable options which could enable the hotels to be sold as going concerns, with continuing access for people with arthritis. The charity has been successful in transferring the New Mayfair and Orton Rigg to new owners on 7 and 30 September 2007 respectively (See note 6). Both continue to provide holidays for people with arthritis. At the time of going to print it is expected that the Burnlea Hotel will cease to trade on 24 May 2008 pending transfer as a development property. The negotiations to sell the Lovat Lodge to the newly formed Lovat Lodge charity are ongoing. See the Arthritis Care website for the latest information www.arthritiscare.org.uk/AboutUs/Corporateinformation/ArthritisCarehotelsupdate.

Campaigners network success



Number of network members

Report of the trustees

for the year ended 31 December 2007

Other incoming resources and other outgoing resources

Other income has resulted from the sale of Patterson Lodge (£329,000 net), which provided sheltered accommodation for people with arthritis and the New Mayfair and Orton Rigg Hotels (£839,000). Please refer to notes 6 and 10 for details of proceeds and costs.

Support costs

The rise in the year to £1,731,000 (2006: £1,359,000) is due to a one-off payment of £203,000 towards the final salary pension scheme and the provision of £108,000 on the company pension scheme resulting from the actuarial valuation resulting from Financial Reporting Standard on Retirement Benefits (see note 15). The payment of £203,000 which was paid in 2008 represents a half of the deficit at the triennial review dated 30 September 2006.

Governance

The cost of governance has come down this year as the most of the investment in developing the strategic plan 2007-2012 were incurred during 2006.

Balance sheet

The balance sheet remains in good shape providing adequate assets to deliver the charity's strategic services. Fixed assets increased in the year mainly due to profit on the sale of properties held in investments.

Fixed assets

The movements in tangible fixed assets during the year are set out in Note 9 of the financial statements. There have been significant changes in tangible fixed assets as two of our hotels and the sheltered home have been sold and are now operating under new owners.

The estate agents Knight Frank & Christie and Co have advised the charity on the sale of the hotels and achieving best value for the sales as required by the Charities Act. Proceeds from the sale of the hotels have been transferred to investments.

Investments

The trustees transferred the proceeds from the sale of the hotels to the investment portfolio pending development of the five-year plan.

Current assets

The increase in debtors of £510,000 is due mainly to accrued legacies carried forward which increased by £308,000 compared to 2006.

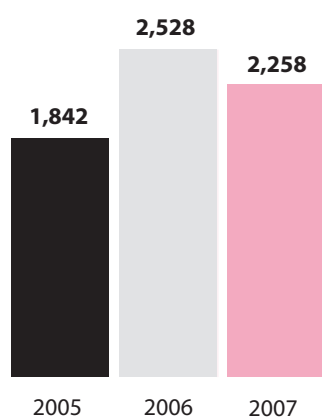
Investment policy and returns

Investment decisions for the centrally administered investments are taken by the investment managers within the investment mandate set by the trustees, as permitted by an Order of the Charity Commission under Section 26 of the Charities Act 1993. Reports are received on a quarterly basis from the investment managers.

The overriding aim is to maintain the real value of the capital through long-term investment. The investment managers, with the approval of the trustees, have moved into collective funds and away from single equity investments. The small number of branches with large investment portfolios must comply with the charity's investment policy as set by the board of trustees. For smaller investments most branches use high interest deposit accounts or other risk free investments, most usually National Savings income bonds and accounts.

The investment advisory group, on a six-monthly basis, reviews the investment managers' performance against benchmark. The investment managers under performed against the APCIMS

Supporting people with self-management training



Number of training participants

Report of the trustees

for the year ended 31 December 2007

balanced index benchmark: portfolio 0.4 per cent, benchmark 0.8 per cent (2006: portfolio 6.03%, benchmark 6.8%). This end of the year saw the beginning of the effects of the credit crunch in the financial market, which has deepened in the first quarter of the year. The hotel proceeds are held as cash treasury deposit and are not affected by the downturn in the financial markets.

Statement of responsibilities of the trustees

The trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the group and charity, and the incoming resources and application of resources, including the net income and expenditure, of the group for the year. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclosed with reasonable accuracy at any time the financial position of the group and charity and which enable them to ensure that the financial statements comply with the Companies Act 1985. The trustees are also responsible for safeguarding the assets of the group and charity, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees confirm that, to the best of their knowledge, there is no information relevant to the audit of which the auditors are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant audit information and that this information has been communicated to the auditors.

Re-appointment of auditors

A resolution to re-appoint Sayer Vincent as auditors was proposed to and accepted by the members at the annual general meeting.

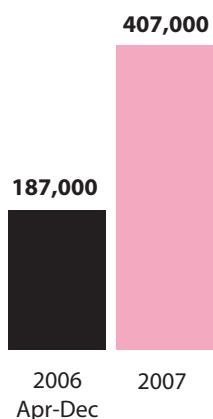
The board approved this report on 30 April 2008.



Rosemary Blair

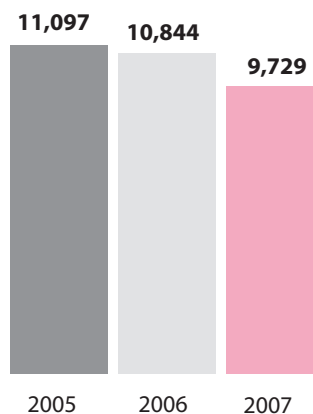
Chair of trustees,
on behalf of the board of trustees

Growth in website popularity



Number of visits

Helplines offer support for people in need



Number of contacts

Independent auditors' report to the members of Arthritis Care

We have audited the financial statements of Arthritis Care for the year ended 31 December 2007 which comprise the consolidated statement of financial activities, balance sheet, cashflow statement and related notes. These financial statements have been prepared in accordance with the accounting policies set out therein.

This report is made solely to the charitable company's members, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for the report, or for the opinions we have formed.

Respective responsibilities of the trustees and auditors

The responsibilities of the trustees (who are also the trustees of Arthritis Care for the purposes of charity law) for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), are set out in the statement of responsibilities of the trustees.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you whether the information given in the annual report of the trustees is consistent with the financial statements. In addition we report to you if, in our opinion, the charitable company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding the trustees' remuneration and other transactions is not disclosed.

We read other information contained in the annual report, and consider whether it is consistent with the audited financial statements. This other information

comprises only the narrative information in the annual review. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of financial statements, and of whether the accounting policies are appropriate to the group and charitable company's circumstances applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material mis-statement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice of the group and charitable company's state of affairs as at 31 December 2007 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended
- the financial statements have been properly prepared in accordance with the Companies Act 1985
- the information given in the report of the trustees is consistent with the financial statements.



Sayer Vincent

Chartered accountants and registered auditors,
London
7 May 2008

Consolidated Statement of Financial Activities

(Incorporating Income and Expenditure account) for the year ended 31 December 2007

		2007	2007	2007	2006
		Unrestricted	Restricted	Total	Total
	Notes	Funds	Funds	£'000	£'000
		£'000	£'000		
Incoming Resources					
Incoming resources from generated funds:					
Voluntary Income	2	4485	37	4522	5180
Activities for generating funds	3	106	—	106	121
Investment Income	4	85	103	188	122
Total incoming resources from generated funds		4676	140	4816	5423
Incoming resources from charitable activities:					
Representation and Campaigning		14	850	864	431
Information		383	109	492	435
Training		47	258	305	346
Voluntary run branch activities	5(a)	—	858	858	808
Hotels		1241	10	1251	1621
Total incoming resources from charitable activities	5	1685	2085	3770	3641
Other incoming resources: sale of property	6	981	344	1325	—
Total incoming resources		7342	2569	9911	9064
Resources expended					
Costs of generating funds:					
Fundraising		1020	—	1020	925
Trading Subsidiary	8	2	—	2	48
		1022	—	1022	973
Resources expended on charitable activities					
Representation and Campaigning		363	815	1178	718
Information		2128	99	2227	1892
Training		1214	272	1486	1268
Voluntary run branch activities	5(a)	424	1334	1758	1681
Hotels		1695	19	1714	1961
Total resources expended on charitable activities		5824	2539	8363	7520
Governance		226	—	226	238
Other outgoing resources expended: sale of property	6	142	15	157	—
Total Resources expended	9	7214	2554	9768	8731
Net incoming resources before transfers		128	15	143	333
Transfer between funds		(256)	256	—	—
Net incoming resources after transfers		(128)	271	143	333
Net realised (losses) /gains on Investment assets		—	66	66	32
Net incoming/(outgoing) resources plus realised gains/(losses) on investments		(128)	337	209	365

Consolidated Statement of Financial Activities (continued)

(Incorporating Income and Expenditure account) for the year ended 31 December 2007

	2007 Unrestricted Funds £'000	2007 Restricted Funds £'000	2007 Total £'000	2006 Total £'000
<i>Notes</i>				
Net unrealised gains/(losses) on investment assets	58	(26)	32	225
Actuarial gains/(losses) on defined benefit schemes	329	—	329	(78)
Net movement in funds	259	311	570	512
Fund balances brought forward at 1 January 2007	4248	4837	9085	8573
Fund balances carried forward at 31 December 2007	4507	5148	9655	9085

Consolidated Balance Sheet

As at 31 December 2007

	Notes	2007 Group Total £'000	2007 Charity Total £'000	2006 Group Total £'000	2006 Charity Total £'000
Fixed Assets					
Tangible	10	2437	2437	3864	3864
Investments	11	5012	5012	2993	2993
		<u>7449</u>	<u>7449</u>	<u>6857</u>	<u>6857</u>
Current Assets					
Stocks		20	10	28	20
Debtors and prepayments	12	1934	1934	1424	1427
Cash at bank and in hand	13	2229	2223	2845	2832
		<u>4183</u>	<u>4167</u>	<u>4297</u>	<u>4279</u>
Creditors: amounts falling due within one year	14	(954)	(942)	(761)	(747)
Net current assets		<u>3229</u>	<u>3225</u>	<u>3536</u>	<u>3532</u>
Total Assets less Current Liabilities		10678	10674	10393	10389
Creditors: amounts falling due after more than one year	15	(111)	(111)	(175)	(175)
Net Assets excluding pension liability		<u>10567</u>	<u>10563</u>	<u>10218</u>	<u>10214</u>
Pension Liability	16	(912)	(912)	(1133)	(1133)
Net Assets including pension liability		<u>9655</u>	<u>9651</u>	<u>9085</u>	<u>9081</u>
Funds					
Restricted funds	17	5148	5148	4837	4837
Unrestricted funds					
- Designated		3940	3940	3369	3369
- General		1479	1475	2012	2008
Unrestricted funds excluding pension liability		<u>5419</u>	<u>5415</u>	<u>5381</u>	<u>5377</u>
Pension reserve		<u>(912)</u>	<u>(912)</u>	<u>(1133)</u>	<u>(1133)</u>
Total unrestricted reserve	18	<u>4507</u>	<u>4503</u>	<u>4248</u>	<u>4244</u>
		<u>9655</u>	<u>9651</u>	<u>9085</u>	<u>9081</u>

The financial statements on pages 27 to 49 were approved by the trustees on 30th April 2008 and signed on their behalf by:



Rosemary Blair (Chair)



Roy Whithear (Treasurer)

Consolidated Cashflow Statement

for the year ended 31 December 2007

	Notes	2007			2006		
		Unrestricted Funds £'000	Restricted Funds £'000	Total £'000	Unrestricted Funds £'000	Restricted Funds £'000	Total £'000
Net cash (outflow)/ inflow from operating activities	A	(1488)	190	(1298)	119	(263)	(144)
Returns on investments and servicing of finance	B	61	103	164	30	89	119
Capital expenditure and investing activities	C	543	(25)	518	(65)	42	(23)
Increase/(decrease) in cash	D & E	(884)	268	(616)	84	(132)	(48)

NOTES TO THE CONSOLIDATED CASHFLOW STATEMENT

A Reconciliation of operating losses to net cash outflow from operating activities

	Unrestricted Funds £'000	Restricted Funds £'000	2007 Total £'000	Unrestricted Funds £'000	Restricted Funds £'000	2006 Total £'000
Net (outgoing)/incoming resources	(128)	271	143	551	(218)	333
Add back net pension service cost net of finance cost	108	—	108	105	—	105
Net gain on sale of tangible fixed assets	(1168)	(1168)	—	—	—	—
Gifts in kind (investments)	(19)	(19)	—	—	—	—
Investment income	(85)	(103)	(188)	(33)	(89)	(122)
Servicing of finance	24	—	24	3	—	3
Depreciation	153	22	175	111	44	155
Decrease/ (Increase) in stocks	8	—	8	(6)	—	(6)
(Increase) /Decrease in debtors	(510)	—	(510)	(713)	—	(713)
Increase/ (Decrease) in creditors	129	—	129	101	—	101
Net cash inflow/(outflow) from operating activities	(1488)	190	(1298)	119	(263)	(144)

B Returns on investments and servicing of finance

Interest and dividends received	85	103	188	33	89	122
Interest paid	(24)	—	(24)	(3)	—	(3)
Net cash inflow from returns on investment and servicing of finance	61	103	164	30	89	119

Consolidated Cashflow Statement (continued)

for the year ended 31 December 2007

C Capital expenditure and investing activities

	2007			2006		
	Unrestricted Funds £'000	Restricted Funds £'000	Total £'000	Unrestricted Funds £'000	Restricted Funds £'000	Total £'000
Purchase of tangible fixed assets	(146)	(6)	(152)	(88)	—	(88)
Net proceeds of sale of tangible fixed assets	2571	—	2571	—	—	—
Purchases of investments	(326)	(342)	(668)	(523)	(29)	(552)
Net (increase)/decrease of bank deposits, building society accounts and bonds	(1759)	—	(1759)	(173)	—	(173)
Proceeds from sale of investments	203	323	526	719	71	790
Net cash (outflow) from capital expenditure and investing activities	543	(25)	518	(65)	42	(23)

D Reconciliation of net cash flow to movement in net cash funds

Increase/(decrease) in cash in the period	(884)	268	(616)	84	(132)	48
Net cash funds as at 1 January 2007	(282)	3127	2845	(366)	3259	2893
Net cash funds as at 31 December 2007	(1166)	3395	2229	(282)	3127	2845

E Analysis of changes in net cash funds

	At 1 Jan 2007 £'000	Cash Flow £'000	At 31 Dec 2007 £'000	At Jan 2006 £'000	Cash Flow £'000	At 31 Dec 2006 £'000
Restricted Funds:						
Held by branches	2448	(375)	2073	2651	(203)	2448
Held centrally	679	643	1322	608	71	679
	3127	268	3395	3259	(132)	3127
Unrestricted Funds:						
Held centrally	(57)	(948)	(1005)	(94)	37	(57)
Bank Loan - repayable within one year	(50)	—	(50)	(47)	(3)	(50)
Bank Loan - repayable after one year	(175)	64	(111)	(225)	50	(175)
	(282)	(884)	(1166)	366	(84)	(282)
Net cash funds	2845	(616)	2229	2893	(48)	2845

Notes to the Financial Statements

for the year ended 31 December 2007

1. Accounting policies

(a) Accounting convention

The financial statements of the Group have been prepared under the historical cost convention, with the exception of investments which are included at market valuation and freehold properties which are included at valuation. The financial statements have been prepared in accordance with Companies Act 1985, the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in March 2005 and applicable accounting standards.

(b) Consolidation

The financial statements of the Charity include the assets, liabilities, funds and income and expenditure of all the Charity's local committees, branches and groups, as well as its UK office, regional services and hotels. The local committee, branch and group figures have been compiled from returns by local treasurers made up to 31 October 2007. The figures for the Arthritis Care Group comprise the Charity and its subsidiary trading company, Arthritis Care (Trading) Limited.

Exemption under Section 230 of the Companies Act 1985 and paragraph 304 of the SORP have been applied and an individual profit and loss account of the parent company has not been prepared.

The surplus of the parent company for the year was £570K (2006: £512K).

(c) Company Status

The charity is a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, each member of the board and member of the charity guarantee to pay the sum of £1.

(d) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in note 17.

Restricted funds are funds which have to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

(e) Incoming Resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

- (i) Legacy income is recognised on the basis of our forecast of legacies notified to the charity by the year-end and which can be valued with reasonable certainty.
- ii) Grants awarded, including grants for equipment are included in the financial statements at the time the grants are received or the conditions of the grants have been met.

(f) Depreciation of tangible fixed assets

Tangible fixed assets, with the exception of freehold land and buildings, are stated at cost and depreciated on a straight line basis at rates calculated to write off the cost over their expected useful economic lives as follows:

Notes to the Financial Statements

for the year ended 31 December 2007

Freehold land	Nil
Freehold buildings	over 50 years
Office equipment	over 3 years
Motor vehicles	over 4 years
Self Catering Units	over 10 years

Freehold land and buildings are stated at valuation (see note 9 for further details).

With the exception of computer equipment, fixed assets with an individual cost of less than £3,000 are written off in the year of purchase. Fixtures and fittings which have been fully depreciated are written out of the accounts one year later.

(g) Stocks

Stock of goods for resale are stated at the lower of cost and net realisable value after making allowance for obsolete and slow moving items.

(h) Listed Investments

Listed investments are stated at market value at the balance sheet date. The SOFA includes the realised and unrealised gains and losses arising on disposals and revaluations throughout the year.

(i) Pension Costs

The charity operates a defined benefit pension scheme on behalf of its employees. The assets of the scheme are held separate from those of the charity in an independently administered scheme. The Charity has now adopted the full requirements of Financial Reporting Standard 17 – Accounting for Retirement Benefits (FRS17). Current or past service costs and gains, as determined by the scheme's actuary, are charged to the statement of financial activities. Pension finance costs or income are included within total resources expended or incoming resources as applicable. Actuarial gains and losses arising are recognised within 'gains and losses' on the statement of financial activities.

In addition, the deficit on the scheme, representing the shortfall of the value of the scheme assets below the present value of the scheme liabilities is now recognised as a liability on the balance sheet to the extent that the employer charity is able to recover a surplus, or has a legal or constructive obligation for the liability. A corresponding pension reserve is included within total unrestricted funds.

(j) Resources Expended

All expenditure is accounted for on an accruals basis and has been summarised under activities. Where costs cannot be directly attributed to particular activities they have been allocated in proportion to the estimated usage that each activity makes of the resources using staff time as basis of apportionment.

(i) The cost of generating funds is the direct cost spent on fundraising activity including the trading company expenditure. A proportion of central support costs is allocated to the cost of generating funds.

(ii) Governance costs are the costs associated with the governance of the charity which relate to the general running of the charity as opposed to those costs associated with fundraising or charitable activity. Included within this category are costs associated with the strategic as opposed to day-to-day management of the charity's activities and statutory compliance costs.

(iii) Support costs, which comprise general management, payroll administration, budgeting and accounting, information technology, human resources, facilities management and financing, are allocated across the categories of charitable expenditure, governance costs and the cost of generating funds. The basis of the allocation is as follows:

Notes to the Financial Statements

for the year ended 31 December 2007

Cost allocation includes an element of judgment.

The charity considered the cost benefit of detailed calculations and the record keeping in deciding a basis for allocating support costs.

The staff hours and therefore staff costs were deemed to be the most directly representative of how indirect costs are incurred.

Support costs are allocated in two stages:

Firstly, the costs are allocated on estimates of actual time spent on hotels and voluntary branch activities and governance. The balance is then allocated across all activities on the ratio of staff costs.

(k) Operating leases

Rentals payable under operating lease, where substantially all risks and rewards of ownership remain with the lessor, are charged to the Statement of Financial Activities on a straight line basis over the duration of the lease.

2. Voluntary Income

	Unrestricted £'000	Restricted £'000	2007 Total £'000	Unrestricted £'000	Restricted £'000	2006 Total £'000
Direct mail	564	—	564	596	—	596
Legacies (refer to note 2 (a) for actual)	3409	21	3430	3842	109	3951
Trusts	121	—	121	116	—	116
Other donations	391	16	407	503	14	517
	<u>4485</u>	<u>37</u>	<u>4522</u>	<u>5057</u>	<u>123</u>	<u>5180</u>

2(a). Legacies

	Unrestricted £'000	Restricted £'000	2007 Total £'000	Unrestricted £'000	Restricted £'000	2006 Total £'000
Accrued legacies 1 January	(1348)	—	(1348)	(574)	—	(574)
Legacies received during year	3101	21	3122	3068	109	3177
Legacies accrued 31 December	1656	—	1656	1348	—	1348
	<u>3409</u>	<u>21</u>	<u>3430</u>	<u>3842</u>	<u>109</u>	<u>3951</u>

Legacies valued at £1,840,134 were receivable as at 31st December 2007 and due in 2008. We estimate we can forecast 90% of the value of these legacies with sufficient accuracy to include them in the accounts.

Notes to the Financial Statements

for the year ended 31 December 2007

3. Activities for generating funds

	2007			2006		
	Unrestricted £'000	Restricted £'000	Total £'000	Unrestricted £'000	Restricted £'000	Total £'000
Merchandising	20	—	20	47	—	47
Events	86	—	86	74	—	74
	106	—	106	121	—	121

4. Investment Income

	2007			2006		
	Unrestricted £'000	Restricted £'000	Total £'000	Unrestricted £'000	Restricted £'000	Total £'000
Short term deposits	23	—	23	8	—	8
Dividend Income	54	—	54	25	—	25
Income from investment held by voluntary run branches	—	103	103	—	89	89
Rental income	6	—	6	—	—	—
Other	2	—	2	—	—	—
	85	103	188	33	89	122

5. Incoming Resources from Charitable Activities

						2007	2006
	Representation & campaigning £'000	Information £'000	Training £'000	Voluntary run Branch activities (note (5a)) £'000	Hotels £'000	Total £'000	Total £'000
Advertising	—	108	—	—	—	108	74
Publication Sales	—	16	—	—	—	16	3
Membership and subscription	—	239	—	—	—	239	291
Holiday Sales	—	—	—	—	1251	1251	1621
Grants and Contracts	864	109	305	—	—	1278	842
Donations	—	20	—	858	—	878	810
	864	492	305	858	1251	3770	3641

Notes to the Financial Statements

for the year ended 31 December 2007

5(a). Branches

	2007 £'000	2006 £'000
Income		
Membership	(20)	57
Branch Donations	858	808
Legacies	21	104
Investment Income	103	89
Total incoming resources	<u>962</u>	<u>1058</u>
Expenditure		
Welfare	1312	1303
Depreciation	22	44
Total resources expended	<u>1334</u>	<u>1347</u>
Net (resources expended)	(372)	(289)
Net realised gains on investment assets	66	5
Net income and expenditure for the year	(306)	(284)
Net unrealised (loss)/ gains on investment assets	(26)	166
Net movement in funds	<u>(332)</u>	<u>(118)</u>
<i>Cost of supporting the voluntary run branch network</i>	<u>424</u>	<u>334</u>
Total voluntary run branch activities	<u>1,758</u>	<u>1,681</u>

Notes to the Financial Statements

for the year ended 31 December 2007

6. Other Incoming resources: sale of property Group and Charity

	New Mayfair £'000	Orton Rigg £'000	Unrestricted TOTAL £'000	Restricted Patterson Lodge £'000	TOTAL £'000
Sale Value	779	1270	2049	680	2729
Cost Note 6(a)	(437)	(765)	(1202)	360	1562
Depreciation Note 6(a)	48	86	134	24	(158)
Profit on Sale of Assets	390	591	981	344	1325
Cost of Sale on Disposal of Assets			142	15	157
Net Profit on sale of Assets			839	329	1168

Note 6 (a). Cost of Disposal

	New Mayfair £'000	Orton Rigg £'000	Unrestricted TOTAL £'000	Restricted Patterson Lodge £'000	TOTAL £'000
Cost					
Balance brought forward	437	765	1202	360	1562
Additions	—	—	—	—	—
Disposal	(437)	(765)	(1202)	(360)	(1562)
Depreciation					
Balance brought forward	44	78	122	23	145
Charge for period	4	8	12	1	13
Disposal (cost)	(48)	(86)	(134)	(24)	(158)
Net Book Value 31/12/07	—	—	—	—	—
Net Book Value 1/1/07	393	687	1080	337	1417

7. Staff Costs

Emoluments of employees.

	2007 £'000	2006 £'000
Gross pay	3587	3501
Social security costs	229	230
Other pension costs	62	(35)
Current service cost	421	425
Other finance cost	—	—
Payments to agencies or similar for temporary help	366	143
Compensation and redundancy	64	3
	4729	4267

One employee was paid emoluments in the band £60,000 to £69,999. Two employees earned between £50,000 and £59,999.

All employees earning more than £50,000 participated in the pension scheme.

The average number of persons employed during the year was:

	Total	Central	Regions	Hotels	
Number of employees (2006: 215)	2007	202	49	79	74
Full time Equivalent	2007	163	45	55	63
Full time Equivalent	2006	158	47	52	59

Notes to the Financial Statements

for the year ended 31 December 2007

8. Trading subsidiary

The Charity has a wholly owned subsidiary, Arthritis Care (Trading) Limited, a company incorporated and registered in England. The principal activity of this company is the raising of funds through the sale of goods and services and corporate sponsorship.

A summary of the results of the subsidiary is shown below:

	2007 £'000	2006 £'000
Turnover	20	47
Cost of sales	2	(32)
Gross profit	22	15
Expenses	(4)	(16)
Net loss/(profit)	18	(1)
Amount gift aided to the charity	(18)	—
Profit/(Loss) on ordinary activities after taxation	—	(1)
Reserves brought forward	4	5
Reserves carried forward	4	4

Current assets and liabilities of the subsidiary as at 31st December 2007 were as follows:

	2007 £'000	2006 £'000
Current Assets		
Stock	10	8
Amount due from parent undertaking	18	(3)
Cash	6	13
	34	18
Creditors		
Trade creditors	(12)	(14)
Amount gift aided to parent undertaking	(18)	—
	(30)	(14)
Net Current Assets	4	4
Profit & loss account	4	4

Called up share capital is £252 (2006: £252)

The charity is exempt from corporation tax as all its income is applied to charitable purposes. There is no tax charge for the trading subsidiary as all taxable profits are paid to the parent charity by gift aid.

Notes to the Financial Statements

for the year ended 31 December 2007

	9. Resources expended on charitable activities										2007	2006
	Costs of Generating Funds	Trading Subsidiary	Representation and Campaigning	Information	Training	Voluntary Run Branch Activities	Hotels Governance	Support costs	Other Outgoing Resources Expended	Total	Total	Total
	£000	£000	£000	£000	£000	£000	£000	£000	£000	£000	£000	£000
Staff Pay (note 6)	312	—	432	906	744	255	1000	99	981	—	4267	4267
Staff recruitment & training	—	—	7	8	11	—	1	—	81	—	108	135
Staff traveling	10	—	118	57	102	25	9	30	18	—	369	291
Volunteers expenses	1	—	15	22	39	13	—	1	—	—	91	67
Committee meetings	—	—	1	1	1	—	—	18	—	—	21	24
Trustee training	—	—	—	—	—	—	—	1	—	—	1	1
Trustee expenses	—	—	—	—	—	—	—	13	—	—	13	12
Postage and telephone	—	—	20	15	25	3	11	1	71	—	146	131
Office printing and stationery	2	—	12	13	23	7	11	3	34	6	111	85
Premises costs	—	—	5	17	31	3	111	3	24	—	194	178
Equipment costs	—	—	30	22	7	2	73	—	53	—	187	215
Advertising	45	—	—	4	15	—	12	—	—	2	78	88
Professional fees inc. audit	44	—	70	19	7	2	9	16	127	149	443	220
Database and IT outsourcing	47	—	—	35	—	35	—	—	46	—	163	153
Insurance	—	—	—	—	—	—	19	—	57	—	76	93
Publications Production	—	—	5	328	1	—	—	2	—	—	336	328
Direct mail, legacy, events & other	274	—	8	6	13	37	3	1	38	—	380	275
Purchases for resale	—	(2)	—	—	—	—	—	—	14	—	12	33
Catering	—	—	6	—	1	—	154	—	12	—	173	197
Other hotel direct costs	—	—	—	—	—	2	128	—	—	—	130	186
Health and Safety	—	—	—	—	—	—	16	—	10	—	26	15
Branch expenses (note 5a)	—	—	—	—	—	1312	—	—	—	—	1312	1303
Depreciation	—	—	1	7	1	23	34	—	109	—	175	155
Overdraft interest	—	—	—	—	—	—	—	—	11	—	11	3
Course Costs	—	—	1	1	53	—	—	—	—	—	55	44
Miscellaneous	4	4	318	46	2	2	3	4	45	—	428	232
	739	2	1049	1507	1076	1721	1594	192	1731	157	9768	8731
Support Costs	281	—	129	720	410	37	120	34	(1731)	—	—	1359
	1020	2	1178	2227	1486	1758	1714	226	—	157	9768	—

Notes to the Financial Statements

for the year ended 31 December 2007

9. Resources expended on charitable activities continued

	Unrestricted £000	Restricted £000	2007 Total £000	Unrestricted £000	Restricted £000	2006 Total £000
Depreciation charge on tangible fixed assets (owned)	153	22	175	110	44	154
Interest payable on bank loan	11	—	11	3	—	3
Operating lease costs land & buildings	8	—	8	—	—	—
Auditors remuneration for audit services	24	—	24	26	—	26

Trustees receive no remuneration for their services in that capacity. Thirteen trustees (2006: 16) have been reimbursed for travel expenses incurred carrying out their activities as trustees at a cost of £6,609 (2006: £11,837)

Premiums of £12,815 were paid in the year (2006: £14,614) on a professional indemnity policy to protect the charity, trustees and employees from loss arising from neglect or defaults of the trustees or employees.

Notes to the Financial Statements

for the year ended 31 December 2007

10. Tangible Fixed Assets

Group and Charity

	Properties Freehold £'000	Fixtures & Equipment £'000	Total £'000	Catering Units £'000	Motor Vehicles £'000	Total £'000	Group Total £'000
Cost							
At 1 January 2007	4176	269	4445	26	182	208	4653
Additions	—	146	146	—	6	6	152
Disposals	(1562)	—	(1562)	(5)	(2)	(7)	(1569)
At 31 December 2007	2614	415	3029	21	186	207	3236
Depreciation							
At 1 January 2007	446	168	614	18	157	175	789
Charge for year	58	95	153	2	20	22	175
Disposals	(158)	—	(158)	(5)	(2)	(7)	(165)
At 31 December 2007	346	263	609	15	175	190	799
Net Book Value							
At 31 December 2007	2268	152	2420	6	11	17	2437
At 31 December 2006	3730	101	3831	8	25	33	3864

Valuation of freehold properties

Freehold properties were valued in 1999 and the transitional arrangements under FRS15 have been adopted. Hotels were valued in 1999 by Christies and Co chartered surveyor, valuer and agent on a resale basis. Three freehold properties were sold during the year, please refer to note 6 for details. The proceeds from the sale of Patterson Lodge which provided sheltered accommodation are being treated as restricted funds pending application to the Charity Commission.

The proceeds from the sale of the New Mayfair and the Orton Rigg hotels have been transferred to the investment portfolio and remain as fixed asset investments in the medium term pending development of the five-year plan as a result of the strategic review.

The Burnlea Hotel sale is in negotiation. The latest information is updated regularly on our website at www.arthritiscare.org.uk. The sale of the Lovat Lodge to The Lovat Lodge Charity, registered in Scotland under the Charities Act Scotland 2006 is subject to negotiation. The expected sale price is above the carrying value in the accounts.

The London Office was a directors' valuation based on the market value of a similar property in the same street. The trustees believe there has been no permanent diminution in value since this valuation.

Fixed asset given as security for Loan

There is a fixed charge on the London Office, NWI securing the outstanding mortgage of £161,416

Notes to the Financial Statements

for the year ended 31 December 2007

11. Fixed Asset Investments

	Unrestricted		Restricted		Total 2007		Unrestricted		Restricted		Total 2006	
	Market Value £'000	Cost £'000	Market Value £'000	Cost £'000	Market Value £'000	Cost £'000	Market Value £'000	Cost £'000	Market Value £'000	Cost £'000	Market Value £'000	Cost £'000
Quoted Investments at market value:												
UK government securities	—	—	44	43	44	43	—	—	39	24	39	24
Other listed stocks and shares	1333	1133	1692	1156	3025	2289	1133	940	1637	1065	2770	2005
	1333	1133	1736	1199	3069	2332	1133	940	1676	1089	2809	2029
Bank deposits and building society accounts.	1943	—	—	—	1943	—	184	—	—	—	184	—
Total for Group	3276		1736		5012		1317		1676		2993	
Total for Charity	3276		1736		5012		1317		1676		2993	

The charity owns 100% of the issued share capital with a nominal value of £252 in its subsidiary undertaking.

Movement in quoted investments

	Unrestricted		Restricted		Total 2007		Unrestricted		Restricted		Total 2006	
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Market value as at 1st January 2007		1133		1676		2809		1231		1546		2777
Less: Disposals at opening book value												
Proceeds	203		322		525		719		71		790	
(Gain) / Loss on sale	—		(66)		(66)		(26)		(6)		(32)	
		203		256		459		693		65		758
Add:												
Acquisitions at cost	326		342		668		523		29		552	
Gift of shares	19		—		19		—		—		—	
Net gains on revaluation	58		(26)		32		72		166		238	
		403		316		719		595		195		790
Market valuation as at 31st December		1333		1736		3069		1133		1676		2809

Market Value

%

Lloyds TSB o/s FM Lloyds Gilt	78,722	5.80
Morgan Stanley SIC Asian Property IX	86,549	6.38
Odey Asset Mgt LLP Opus Nav	71,291	5.25
Legal & General Barc MM UK Alpha 2 I dis	177,920	13.12
Baring Fund Mngrs German Growth Trust	75,553	5.57
M & G Securities Ltd UK Select Ster A Inc	72,619	5.35

Notes to the Financial Statements

for the year ended 31 December 2007

12. Debtors

	2007		2006	
	Group £'000	Unrestricted Charity £'000	Group £'000	Unrestricted Charity £'000
Trade debtors	180	180	22	22
Legacies receivable	1656	1656	1348	1348
Other debtors	28	28	22	22
Amount due from subsidiary undertaking	—	—	—	3
Accrued income	70	70	31	31
Total	1934	1934	1424	1427

The figure for accrued income represents grants to be received for work already carried out.

13. Cash at bank and in hand

	2007				2006			
	Unrestricted Funds	Restricted Funds	Group £'000	Charity £'000	Unrestricted £'000	Restricted £'000	Group £'000	Charity £'000
Held by:								
Local committees, branches and groups	—	2073	2073	2073	—	2448	2448	2448
Central office	(1172)	1322	150	150	(295)	679	384	384
Subsidiary undertaking	6	—	6	—	13	—	13	—
Total	(1166)	3395	2229	2223	(282)	3127	2845	2832

Cash and Bank

Arthritis Care has a cash pooling arrangement for all unrestricted and restricted balances held at the Natwest Bank. All balances are utilised to minimise finance cost. Cash pooling does not affect the delivery of restricted projects.

14. Creditors: amounts falling due within one year

	2007		2006	
	Group £'000	Unrestricted Charity £'000	Group £'000	Unrestricted Charity £'000
Trade creditors	762	732	471	457
Statutory creditors	—	—	3	3
Other creditors	118	118	151	151
Bank loan repayable within one year	50	50	50	50
Amount due to subsidiary undertaking	—	18	—	—
Accruals	24	24	86	86
Total	954	942	761	747

15. Creditors: amounts falling due after one year

	2007	2006
	Unrestricted £'000	Unrestricted £'000
Bank loan:	111	175

The bank loan is repayable over the remaining seven years of the original 20 year loan and secured by a legal mortgage over the property at 18 Stephenson Way, London. Interest is payable at 1.5% over base rate.

Notes to the Financial Statements

for the year ended 31 December 2007

16. Retirements benefits

The Charity operates a defined benefit scheme, whose assets are held separately from those of the charity and are independently administered by the Pensions Trust. The Open Section of the scheme is contracted-out of the state scheme, whereas the closed Section is contracted-in. The scheme provides benefits based on 1/60th of final pensionable pay multiplied by pensionable service in completed months and years and is fully funded. The last formal valuation of the scheme was performed as at 30th September 2006 by a professionally qualified actuary. The employer has paid contributions to the scheme at the rate of 13% of pensionable salaries over the accounting period. Members have contributed at the rate of 5% of pensionable salaries throughout the accounting period. Contributions to the scheme are charged so as to spread the cost of pensions over the employees' working lives with the charity. A formal valuation was done up to 30th September 2006. As a result of the valuation and following consultation with employees from the 1st January 2008 the new contribution rates for employer and employee are 14.7% and 7% respectively. Additionally a sum of £203,000 has paid off 50% of the on-going debt and Career Average has replaced the Final Salary scheme.

Assumptions used

	2007 %per annum	2006 %per annum
Salary increases	4.4%	4.1%
Pension increases		
- pre April 2005	2.9%	2.6%
- post April 2005	2.3%	2.3%
Rate of revaluation of deferred pensions	2.9%	2.6%
Discount rate	5.8%	5.1%
Inflation assumption	2.9%	2.6%

Assets (whole fund)

	Long term	Fund Value at £	Fund Value at £
Equities	8.0%	3,906	3,618
Bonds	4.8%	1,513	1,371
Other	5.0%	52	75
Market Value of assets		5,471	5,064

Net pension liability as at

	31 December 2007 £'000	31 December 2006 £'000
Estimated employer assets	5,471	5,064
Present value of scheme liabilities	6,383	6,197
Total value of liabilities	(912)	(1,133)
Net pension liability	(912)	(1,133)

Amount that would be charged to operating profit

	2007 £'000	2006 £'000
Service cost	421	425
Past service costs	—	—
Curtailement and settlements	—	—
Total operating charge	421	425

Notes to the Financial Statements

for the year ended 31 December 2007

16. Retirements benefits (continued)

	2007 £'000	2006 £'000
Expected return on employer assets	366	302
Interest on pension scheme liabilities	(325)	(260)
Net return	41	42

Net revenue account cost

Analysis of amount recognised in statement of total recognised gains and losses (in the SOFA)

	2007 £'000	2006 £'000
Actual return less expected return on pension scheme assets	(145)	140
Experience gains and losses arising on the scheme liabilities	5	(286)
Changes in financial assumptions underlying the present value of the scheme liabilities	469	68
Actuarial gain/(loss) in the SOFA	329	(78)

Movement in surplus/deficit during the year

	2007 £'000	2006 £'000
Deficit at beginning of the year	(1,133)	(936)
Current service cost	(421)	(425)
Employer contributions	272	264
Other finance income	41	42
Net return on assets	329	(78)
Actuarial (losses)/gains	—	—
Deficit at end of the year	(912)	(1,133)

History of experience gains and losses

	31/12/07 £'000	31/12/06 £'000	31/12/05 £'000	31/12/04 £'000	31/12/03 £'000
Difference between the expected and actual return on assets	(145)	140	412	106	211
Percentage of assets	3%	3%	9%	3%	7%
Experience gains/(losses) on liabilities	5	(286)	(15)	69	(70)
Percentage of the present value of liabilities	0%	(5)%	0%	2%	(2)%
Actuarial gains/(losses) recognised in SOFA	329	(78)	(297)	682	(529)
Percentage of the present value of liabilities	5%	(1)%	(6)%	17%	(13)%

Notes to the Financial Statements

for the year ended 31 December 2007

17. Restricted funds

Central and regional funds

Central and regional funds hold donations, grants and other income given for specific purposes. The balances represent amounts which had not been spent at the year end. Full details of funds can be found in Appendix A. Fund balances are supported by current assets.

Local committee branches and group funds

Local committee, branch and group funds are raised and controlled locally for services to people with arthritis in the local area. They are held as restricted funds with the approval of the Charity Commission. Fund balances are supported by cash, investments and fixed assets.

	1/1/2007	Incoming Resources	Movement in funds utilised / realised	Transfers	31/12/2007
	£'000	£'000	£'000	£'000	£'000
Central and regional funds					
Representation and campaigning	260	851	815	(53)	243
Information	186	135	99	—	222
Training	195	267	273	96	285
Hotels	39	10	19	—	30
Patterson Bequest	—	344	15	213	542
	680	1607	1221	256	1322
Local committee branch and group funds	4157	962	1293	—	3826
Restricted Funds	4837	2569	2514	256	5148

18. Unrestricted Funds

	1/1/2007	New designations	Movement in funds utilised / realised	Transfers	31/12/2007
	£'000	£'000	£'000	£'000	£'000
Designated					
Contingency Reserve	847	—	—	(2)	845
Capacity Reserve	550	—	—	—	550
Cautionary Reserve	727	—	—	243	970
Key Projects & Development Reserve	400	—	(105)	105	400
Planned Investment	—	—	—	462	462
Planned Expenditure	500	—	—	—	500
Training and information programmes	345	109	(205)	(36)	213
Total designated funds	3369	109	(310)	772	3940
General funds	879	7233	(6517)	(1028)	567
Group unrestricted funds	4248	7342	(6827)	(256)	4507

Notes to the Financial Statements

for the year ended 31 December 2007

18. Designated Funds (continued)

Designated reserves are set at levels which correspond to the organisation's policy on reserves. The policy and reserves levels are reviewed on a regular basis.

Contingency reserve

The fund is set at a level of reserves required to discharge liabilities in the event of closure.

Capacity reserve

This fund is set at a working capital level which will allow the organisation to stabilise and to re-establish adequate reserves

Cautionary reserve

This reserve is to allow the organisation to continue its operations in the event of changes in levels of activity, income streams and other political, social, environmental and technological factors

Key projects and developments

To hold reserves of an adequate nature to fund projects at the end of externally funded lives and to take advantage of opportunities and innovative projects

Planned Investment

The charity is undertaking significant investment in developing sustainable income streams and further embedding the management of risk

Planned Expenditure

The charity is undertaking a review of the salary evaluation scheme, which will result in a new pay structure. This reserve will cover short to medium term increase in salaries budget covering protected pay.

Training and information programmes

This reserve supports continuing internally funded projects that straddle the financial year.

19. Analysis of Group Net Assets between Funds(excluding pension liability)

	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000
Fund balances at 31 December are represented by:			
Tangible fixed assets	2420	17	2437
Investments	3276	1736	5012
Current assets: Stock and debtors	1954	—	1954
Cash & bank	note (i) (1166)	3395	2229
Current liabilities	(954)	—	(954)
Long term liabilities	(111)	—	(111)
Net Assets	5419	5148	10567
Unrealised gains included above:			
On investment assets (see below)	200	538	738
Reconciliation of movements in unrealised gains on investment assets:			
	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000
Unrealised gains at 1 January 2007	194	188	382
Deduct in respect of disposals in year	20	77	97
	174	111	285
Add: Net gains arising on revaluations in year	26	427	453
Unrealised gains at 31 December 2007	200	538	738

Notes to the Financial Statements

for the year ended 31 December 2007

19. Analysis of Group Net Assets between Funds (continued)

Note (i)

Arthritis Care has a cash pooling arrangement for all unrestricted and restricted balances held at the Natwest Bank. All balances are utilised to minimise finance cost. Cash pooling does not affect the delivery of restricted projects. There is a surplus of £2920K (2006: £1549K) of liquid resources available for the core work of the charity made up of the excess of unrestricted investments and current assets over all liabilities. Apart from designations of £3940K, the charity now has 567K (2006:£879K) of general funds.

20. Operating Leases

The company has annual obligations under operating leases as follows,

	2007 £'000	2006 £'000
Land and Buildings		
Expiring in less than 1 year	8	8
Expiring between 2 and 5 years	—	7

21. Patterson Lodge

The Trustees do not consider the Society to represent an associated undertaking and therefore have not included the financial statements of the Society (available for inspection at the Financial Services Authority) in the consolidated financial statements of the Group, as there was no intention to control the society and also because the levels of income and net assets of the society are not material to the accounts of Arthritis Care.

At its Management Committee meeting on 5th March 2007 it was agreed that it be wound down, as the last resident had left during February 2007. Upon winding up and settlement of all outstanding obligations, the remaining assets of £15,412 were transferred to Arthritis Care in February 2008. Please refer to Note 10 for further information on Patterson Lodge.

Notes to the Financial Statements

for the year ended 31 December 2007

22. Statutory grants and training contracts received

During the year the following discretionary statutory grants and training contracts were received nationally and are included in service areas under "Activities in furtherance of the charity's objects".

	2007 £'000	2007 £'000
Greater Glasgow Health Board	11	
Wrexham and Community Facilities and Activities fund	3	
Birmingham East and North Primary Care Trust	7	
South Birmingham Primary Care Trust	7	
NHS Fife	7	
West Hertfordshire Primary Care Trust	9	
Awards for All	2	
Bradford Primary Care Trust	7	
Devon Primary Care Trust	2	
MS Society Scotland	30	
North East Lincolnshire Council	4	
Wolverhampton City council	1	
Nottinghamshire Council	14	
West Lothian Health Care Trust	2	
Central Cornwall Trust	3	
Walsall Primary Care Trust	7	
J & JR Wilson Trust	2	
N Ireland South & East Belfast Health & Social Services Trust	3	
URHLC	5	
Nottingham Prevention Grant	10	
The Scottish Executive Social Work 10	16	
The Scottish Executive Section 9	18	
N Ireland Dept of Health & Social Services & Public Safety (Children's fund)	30	
Florence Shute Millennium Trust	3	
N Ireland Northern Health & Social Services Board	7	
	<hr/>	210
Grants and Income received for:		
People with Arthritis and Rheumatism in Europe (PARE)		
Wyeth	332	
Pfizer	17	
Merck	40	
Abott Laboratories	186	
Schering Plough Ltd	21	
UCB Cell Tech	46	
	<hr/>	642
		<hr/>
		£852

Appendix A: Restricted central and regional funds

Project	Opening	Income	Expenditure		Closing
	balance at 01/01/07 £		Unrestricted funds £	Transferred £	balance at 21/12/07 £
Representation and campaigning					
NI - Policy and campaigns volunteers	141	—	—	—	141
Big Lottery Fund MK/1/010085979	121,721	75,502	144,551	-52,672	0
DH S64 Involving Patients as expert users	26,854	38,621	23,706	—	41,769
PARE manifesto	102,608	735,475	644,510	—	193,572
International organisation for youth	3,468	—	—	—	3,468
Community planning Scotland	4,944	—	—	—	4,944
NI Community involvement	-52	—	—	—	-52
Infrastructure project reallocation	356	1,550	2,009	—	-103
Representation and campaigning total	260,040	851,148	814,776	-52,672	243,739
Information					
Central England health information point	1,456	679	809	—	1,326
NICE COXIBs review	119,798	—	—	—	119,798
META-Analysis and report	10,000	20,000	—	—	30,000
Incapacity benefit consultation	2,045	—	2,045	—	—
London development project	7,000	10,700	4,194	—	13,506
NAPP fund	679	—	679	—	—
North England volunteer project	2,000	8,825	368	—	10,457
Northern Ireland - information point	278	8,595	7,627	—	1,246
Northern Ireland TSB - information point	1,413	2,050	1,097	—	2,366
Information service provision Scotland	-80	—	-80	—	—
Scotland information outreach	26,604	28,027	56,002	—	-1,371
Outlook Scotland	—	10,000	—	—	10,000
South East England information project	12,391	—	1,998	—	10,393
South East England hospital information point	—	14,098	275	—	13,823
South West England information point Yeovil	3,000	—	—	—	3,000
Website Development	69	—	—	—	69
Lloyds TSB Information point	-2,641	5,491	2,526	—	324
Wales volunteering	8,008	—	1,459	—	6,549
Wales firewall project	—	21,000	12,926	—	8,074
Infrastructure project reallocation	-5,755	5,106	6,614	—	-7,263
Information total	186,265	134,571	98,539	—	222,297
Training					
Adult and young persons South West England	2,800	—	750	—	2,050
Challenging arthritis	135	—	271	—	-136
Central England challenging arthritis	24,212	40,854	41,175	—	23,891
Central England East of England ESF	-377	—	—	—	-377
Florence Turner Trust	500	—	—	—	500
London South East BLF London dvpt project	2,900	—	—	—	2,900
DH S64 Partners in local service delivery	11,719	37,349	15,392	—	33,676
North England challenging arthritis	23,957	30,504	1,062	—	53,399
Northern Ireland challenging arthritis	7,764	6,323	16,014	—	-1927
NICF-DHSS&PS BC332/03-Children	-11,575	29,663	22,740	—	-4652
Northern Ireland positive futures	396	—	—	—	396
South East England positive futures	6,467	100	6,567	—	—
Scotland challenging arthritis	48,039	21,350	45,861	—	23,528
Carried Forward	116,937	116,143	149,832	—	133,248

Appendix A: Restricted central and regional funds (continued)

Project	Opening	Income	Expenditure	Transferred	Closing
	balance at 01/01/07		from Unrestricted funds		balance at 21/12/07
	£	£	£	£	£
Brought forward	116,937	166,143	149,832	—	133,248
Scotland branch match funding		25,236	223	95,535	120,548
Scottish Executive Section 9	-13,102	17,775	4,672	—	1
South East England challenging arthritis	3,000	8,828	10,999	—	829
South West England challenging arthritis	17,347	—	15,592	—	1,755
South West England challenging pain	462	—	1,430	—	-968
Valentine Trust South West England	3,000	—	3,000	—	—
Wales challenging arthritis	45,137	7,600	34,520	—	18,217
Young people and families SW England	31,853	32,310	40,275	—	23,888
Infrastructure project reallocation	-9,197	9,344	12,104	—	-11,957
Training total	195,437	267,236	272,647	95,535	285,561
Hotels					
Amenity Ac Burnlea	-1,875	2,841	3,756	—	-2,790
Amenity Ac Lovat Lodge	2,226	4,258	935	—	5,549
Amenity Ac New Mayfair	13,647	1,861	12,910	—	2,598
Amenity Ac Orton Rigg	1,620	1,112	997	—	1,735
Building Fund Burnlea Hotel	969	—	—	—	969
Building Fund Lovat Lodge	-5,510	—	—	—	-5,510
Building Fund New Mayfair	312	—	—	—	312
Building Fund Orton Rigg	10,057	—	—	—	10,057
Central Hotel Funds	-190	—	—	—	-190
Extension Orton Rigg	2,550	—	—	—	2,550
Holiday Grant Fund	250	—	—	—	250
Transport fund Burnlea	21	—	—	—	21
Transport fund Lovat Lodge	1,129	—	—	—	1,129
Transport fund New Mayfair	6,861	—	839	—	6,022
Transport ac Orton Rigg	2,978	—	—	—	2,978
Hotels total	35,045	10,072	19,437	—	25,680
Infrastructure projects					
England Central Equipment	240	—	—	—	240
England North Miscellaneous	-891	—	—	—	-891
Northern Ireland Equipment	8	—	—	—	8
Northern Ireland Miscellaneous	36	—	—	—	36
SCSE2 Scottish Executive Soc Work 10	-13,902	16,000	20,727	—	-18,629
South England Equipment	-88	—	—	—	-88
England South East Miscellaneous	—	—	—	—	—
England South West Miscellaneous	—	—	—	—	—
Wales Miscellaneous	-2	—	—	—	-2
Reallocated representation & campaigning	-356	-1,550	-2,009	—	103
Reallocated to information	5,755	-5,106	-6,614	—	7,263
Reallocation to training	12,697	-9,344	-12,104	—	15,457
Infrastructure project total	3,497	—	—	—	3,497
Patterson bequest	—	343,520	14,490	212,905	540,934
Restricted project total	680,294	1,606,547	1,220,889	255,768	1,321,710

Appendix B: Branches

Name	Opening funds			Asset changes and adjustments	Closing funds as at
	01/11/2006	Receipts	Payments		31/10/07
	£	£	£	£	£
Alton & District	10,317.95	3,204.54	3,699.97	—	9,822.52
Northern Ireland ALC	2,087.16	2.00	—	—	2,089.16
A.C. T Burton on Trent	4,736.39	5,023.57	5,230.78	—	4,529.18
Aberdeen	930,289.93	8,075.00	21,384.00	10,816.25	927,797.18
Aberystwyth	1,475.61	1,521.15	1,780.25	—	1,216.51
AC Preston	997.66	1,220.54	600.35	—	1,617.85
AC Self Help Group Kilmarnock	189.17	—	—	—	189.17
Airedale & Dist. Support Group	1,444.84	854.20	725.91	169.67	1,742.80
Alford & District	3,106.48	1,001.00	2,739.00	11.52	1,380.00
Alnwick	2,395.08	2,062.00	2,050.00	-67.30	2,339.78
Altrincham & District	9,820.08	6,380.00	5,226.00	-816.89	10,157.19
Amesbury and District	4,964.19	6,975.65	6,119.60	-98.02	5,722.22
Ammanford	5,226.38	—	—	-3,610.77	1,615.61
Antrim Branch	2,117.85	4,050.95	2,411.71	9.52	3,766.61
Arbroath	1,087.23	1,315.04	1,683.44	24.24	743.07
Area Liaison Committee	363.78	2,372.80	2,424.32	—	312.26
Armagh	2,860.00	1,245.00	1,321.00	—	2,784.00
Ashby de la Zouch	6,407.53	1,533.00	2,455.00	-836.53	4,649.00
Ashford	8,373.00	2,675.00	3,210.00	—	7,838.00
Atherton	4,335.81	1,106.00	1,898.00	8.19	3,552.00
Axe Valley Charabanc Group	1,929.00	—	—	—	1,929.00
Aylesbury Vale	3,015.13	2,824.65	2,329.48	—	3,510.30
Ballymoney	1,943.07	2,797.08	1,618.75	4.14	3,125.54
Banbridge	10,351.27	12,329.76	6,737.19	59.90	16,003.74
Banchory	3,640.41	—	—	—	3,640.41
Bangor Self Help Group	490.48	1,104.00	549.00	24.11	1,069.59
Banstead & Sutton	35,539.50	—	—	-35,539.50	—
Barrow-in-furness	4,640.00	1,482.00	1,148.00	-4,974.00	—
Barry	2,805.23	581.27	1,104.96	-108.38	2,173.16
Bathgate	4,525.46	—	—	—	4,525.46
Belfast East	8,636.00	1,081.00	1,901.00	—	7,816.00
Belfast Self Help Group	1,999.38	527.02	463.00	—	2,063.40
Belfast South East	82.13	—	—	-82.13	—
Berwick upon Tweed	766.92	—	—	—	766.92
Beverley and District	4,493.96	2,999.20	2,936.26	—	4,556.90
Bexley & District	10,272.81	—	—	-1,209.20	9,063.61
Billericay	1,371.00	1,344.00	1,622.00	—	1,093.00
Bingham & District	12,031.00	7,054.00	7,986.00	825.00	11,924.00
Birmingham Central	11,687.00	—	—	-11,687.00	—
Birmingham South West	4,716.00	6,255.00	4,466.00	12.00	6,517.00
Blackburn & Darwen	9,169.78	9,013.00	8,746.00	60.22	9,497.00
Blackpool & Fylde	36,377.00	20,072.00	20,303.00	1.00	36,147.00
Blandford	4,239.30	1,198.00	1,789.00	-0.30	3,648.00
Bolton Central	5,320.75	—	—	—	5,320.75
Bolton Jubilee	2,276.94	—	—	-2,276.94	—
Borders Self Help	1,783.72	—	—	—	1,783.72
Bradford	5,041.69	2,264.00	3,640.00	-54.69	3,611.00
Braintree	3,051.40	3,391.00	2,348.00	-0.40	4,094.00
Bridgnorth & District Shg	535.33	—	—	—	535.33
Sub-total Carried Forward	1,195,327.78	126,934.42	134,646.97	-49,336.29	1,138,278.94

Appendix B: Branches (continued)

	Opening funds 01/11/2006 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 31/10/07 £
Sub-total Brought Forward	1,195,327.78	126,934.42	134,646.97	-49,336.29	1,138,278.94
Bridgwater	1,556.00	2,866.00	1,639.00	—	2,783.00
Bridlington & District	8,353.00	4,979.00	5,345.00	—	7,987.00
Bridport	26,919.84	—	—	-23,030.81	3,889.03
Brighton Sash	1,280.80	—	—	649.28	1,930.08
Bristol and Glos	2,645.65	—	—	-1,967.16	678.49
Brixham	3,431.00	—	—	-3,431.00	—
Buchan Central	1,744.26	—	—	-1,744.26	—
Burnham on Sea	11,309.83	5,295.70	5,952.38	—	10,653.15
Burscough/Ormskirk	6,085.00	1,067.00	2,370.00	-80.00	4,702.00
Bury St Edmunds	5,095.52	—	—	-5,095.52	—
Caernarfon & District	3,616.36	2,518.31	2,423.95	—	3,710.72
California Farm	2,089.55	1,162.04	1,525.13	—	1,726.46
Callander	2,220.37	8,145.86	5,777.60	-87.50	4,501.13
Camberley	—	10,538.80	5,741.52	—	4,797.28
Cambes Suffolk	432.84	—	—	—	432.84
Campbeltown	1,023.00	—	—	—	1,023.00
Cannock & District/ N Birmingham Yac	7,603.22	8,642.44	9,964.81	—	6,280.85
Carrickfergus	3,586.12	2,747.15	2,896.03	-98.29	3,338.95
Central Arthritis Self-help	1,168.19	3,461.60	1,134.00	—	3,495.79
Central England Regional Committee	67,257.22	28,207.03	34,638.54	-969.55	59,856.16
Central Fife & Tayside	90.77	683.06	551.42	—	222.41
Chandlers Ford & Eastleigh	3,116.64	2,195.00	2,967.00	-228.64	2,116.00
Chatham and District	25,351.33	4,685.11	5,171.40	—	24,865.04
Chelmsford	2,963.17	3,790.00	3,093.00	-0.17	3,660.00
Chessington and Hook	1,439.00	—	—	-1,439.00	—
Chester	5,036.34	19,263.95	18,864.03	-233.25	5,203.01
Chippenham	2,336.00	16,563.00	14,231.00	—	4,668.00
Christchurch & District	13,573.00	3,907.00	5,528.00	-29.00	11,923.00
Clacton on Sea	—	1,001.00	1,372.00	371.00	—
Clash	—	3,438.55	1,467.50	—	1,971.05
Clevedon	1,110.72	1,303.01	1,280.75	—	1,132.98
Cleveland North	3,626.00	3,669.00	3,972.00	—	3,323.00
Cleveland South	4,407.25	1,618.31	2,080.81	58.41	4,003.16
Clydach	7,303.70	7,825.34	6,780.13	—	8,348.91
Clydebank	7,487.17	1,050.00	1,050.00	-562.84	6,924.33
Coatbridge	1,172.18	—	—	—	1,172.18
Cockermouth	4,240.08	—	—	—	4,240.08
Coleraine	2,553.28	724.66	552.60	—	2,725.34
Condorrat & Kilsyth	4,142.80	4,183.51	2,228.01	—	6,098.30
Cookstown	17,722.88	—	—	-17,722.88	—
Coventry & District	13,234.00	2,475.00	2,850.00	1,065.00	13,924.00
Crickhowell & District	1,275.00	2,079.00	1,800.00	13.00	1,567.00
Crowborough	2,965.06	1,107.75	2,459.30	—	1,613.51
Cumbernauld	7,824.95	3,361.26	4,483.51	10.48	6,713.18
Darlington	3,586.00	—	—	-858.80	2,727.20
Deal	8,102.08	4,490.00	4,863.00	-0.08	7,729.00
Denbigh & District	2,124.93	3,046.95	4,129.66	—	1,042.22
Dengie Hundred Branch	1,358.91	2,403.99	2,195.68	-387.35	1,179.87
Sub-total Carried Forward	1,500,888.79	301,429.80	308,025.73	-105,135.22	1,389,157.64

Appendix B: Branches (continued)

	Opening funds 01/11/2006 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 31/10/07 £
Sub-total Brought Forward	1,500,888.79	301,429.80	308,025.73	-105,135.22	1,389,157.64
Derby/Notts	87.36	180.00	45.00	—	222.36
Devizes	10,894.98	2,019.65	3,143.73	—	9,770.90
Dingwall	3,924.00	1,944.40	2,820.00	1.60	3,050.00
Donaghadee	1,721.81	6,695.00	7,058.00	0.92	1,359.73
Doune And Dunblane	2,354.59	6,581.50	4,154.75	5.25	4,786.59
Dover	30,994.82	—	—	492.24	31,487.06
Dudley	570.81	4,044.16	3,788.65	—	826.32
Dumfries	7,817.00	6,880.00	6,675.00	—	8,022.00
Dundee Self-help Group	1,127.45	—	—	-1,127.45	—
Dungannon	3,924.85	3,035.00	2,416.00	-0.29	4,543.56
East Kilbride	4,827.43	—	—	—	4,827.43
East London Asian	1,261.57	—	—	—	1,261.57
Eastbourne	14,800.00	5,328.00	7,086.00	—	13,042.00
Edgware	2,564.71	316.00	2,880.00	-0.71	—
Edinburgh	1,067.00	6,825.00	7,368.00	11.00	535.00
Edinburgh Lothian & Scottish	159.43	—	—	-159.43	—
Edmonton	2,677.36	1,343.00	1,439.00	-0.36	2,581.00
Egremont A.C. Support Group	348.98	—	—	—	348.98
E-mash	2,299.59	2,009.35	2,410.65	—	1,898.29
Enfield	1,652.48	476.52	1,171.89	-190.90	766.21
Enniskillen	8,749.00	5,739.00	5,370.00	0.14	9,118.14
Exeter	10,926.82	—	—	—	10,926.82
Exmouth	49,762.31	—	—	-8,833.18	40,929.13
Felixstowe	4,825.49	3,953.00	4,773.00	—	4,005.49
Ferndown	8,973.43	6,564.00	4,746.00	51,684.57	62,476.00
Fleetwood	2,530.00	—	—	-942.36	1,587.64
Fraserburgh	1,435.87	—	—	-1,435.87	—
Gateshead	3,241.17	—	—	2,617.76	5,858.93
Glasgow East	11,563.00	2,923.00	4,349.00	1.00	10,138.00
Glasgow North	442,084.78	24,503.65	45,256.55	9,719.96	431,051.84
Glasgow South	152,030.00	9,046.00	16,373.00	2,948.45	147,651.45
Glasgow South West	35,592.00	3,562.00	4,949.00	41.00	34,246.00
Glenrothes	2,424.52	—	136.47	—	2,288.05
Gloucester	3,819.52	4,883.00	5,258.00	-18.52	3,426.00
Grantham	4,474.00	3,132.00	2,525.00	—	5,081.00
Grantown-on-spey & District	2,698.54	2,795.73	3,133.19	—	2,361.08
Grayshott	4,201.05	3,614.57	2,464.26	—	5,351.36
Greenock	—	3,622.00	7,225.00	9,677.00	6,074.00
Grimsby & Cleethorpes	4,756.00	12,800.00	9,372.00	134.00	8,318.00
Guernsey	8,271.00	2,075.00	1,756.00	3,000.00	11,590.00
Halifax	406.49	13,435.97	6,161.42	30.00	7,711.04
Halton & District	8,538.00	4,176.00	5,538.00	—	7,176.00
Hampshire Alc0 (433945)	—	—	—	104.11	104.11
Harrogate	12,966.00	3,146.18	4,033.40	-3,479.17	8,599.61
Hastings	6,830.42	5,909.22	6,831.36	—	5,908.28
Havant	2,309.00	2,861.00	1,858.00	—	3,312.00
Haverfordwest	16,781.18	8,261.29	6,159.56	-2,836.39	16,046.52
Haverfordwest Hydrotherapy Group	—	5,336.28	4,214.00	—	1,122.28
Hawick	1,010.10	719.25	920.66	-177.30	631.39
Sub-total Carried Forward	2,407,164.70	482,165.52	513,885.27	-43,868.15	2,331,576.80

Appendix B: Branches (continued)

	Opening funds 01/11/2006 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 31/10/07 £
Sub-total Brought Forward	2,407,164.70	482,165.52	513,885.27	-43,868.15	2,331,576.80
Haywards Heath & Dist	3,109.76	4,451.10	4,946.91	—	2,613.95
Helensburgh	16,173.61	2,114.00	5,677.00	837.23	13,447.84
Hereford	6,681.07	3,353.00	2,496.00	-1.07	7,537.00
Herts/Essex	2,311.06	2,533.00	2,618.00	—	2,226.06
Highland Islands and Grampian	628.62	—	—	-628.62	—
Highland Islands and Grampian	621.00	689.00	621.00	-42.00	647.00
Hinckley & District Self Help	4,211.61	2,613.10	3,653.38	481.40	3,652.73
Horsham	4,425.74	—	—	-4,425.74	—
Huddersfield Midway Support Gp	746.71	688.03	638.60	-2.69	793.45
Hull & East Riding AC Support	1,943.31	10,707.00	2,216.32	—	10,433.99
Hull (Kingston Upon Hull)	8,255.00	1,714.00	3,629.00	—	6,340.00
Hurst Green	2,259.00	2,254.00	3,452.00	—	1,061.00
Hyndburn & District	3,143.16	6,851.00	7,091.00	—	2,903.16
Ilford	5,492.00	—	—	-1.74	5,490.26
Ilkley & District	13,041.42	4,246.98	5,311.40	—	11,977.00
Inverurie & District	3,286.51	3,878.43	3,876.07	—	3,288.87
Ipswich	11,149.00	5,066.00	4,154.00	—	12,061.00
Isle of Axholme	2,828.40	—	—	—	2,828.40
Isle of Harris	934.12	473.76	1,091.50	—	316.38
Islington & Hackney	15,941.00	745.00	786.00	—	15,900.00
Jersey	100,618.81	13,274.00	7,032.00	—	106,860.81
Johnstone	753.72	—	—	—	753.72
Jointz Parents Yac Group	12,565.96	6,485.04	9,598.55	—	9,452.45
Kendal	3,640.43	4,414.00	4,373.00	-104.43	3,577.00
Kent	337.88	1,614.49	1,352.00	-118.90	481.47
Kettering	4,861.55	3,550.87	2,213.10	-1,153.99	5,045.33
Kidderminster Self Help Group	4,664.29	—	—	—	4,664.29
Kings Lynn	3,289.80	—	—	—	3,289.80
Kingston upon Thames	644.53	1,383.21	780.13	—	1,247.61
Kirkby in Ashfield	707.11	—	—	1,421.77	2,128.88
Kirkcaldy	1,281.75	1,314.25	1,715.00	—	881.00
Kirriemuir	2,632.36	2,577.72	2,153.70	14.74	3,071.12
Lambeth	9,652.86	1,088.85	2,953.34	-14.62	7,773.75
Lampeter	3,652.78	—	—	—	3,652.78
Lancashire/Cumbria	792.23	5,370.40	4,132.31	—	2,030.32
Lancaster	3,420.87	931.78	1,691.27	-15.75	2,645.63
Larne	519.00	50.00	539.00	-30.00	—
Lea Valley	5,179.02	5,181.33	5,208.63	—	5,151.72
Leeds	2,476.41	1,346.42	2,756.10	-16.25	1,050.48
Leic/Northants/RU	376.86	—	—	—	376.86
Lincoln	8,136.00	—	—	-8,136.00	—
Lincolnshire	276.96	37.85	153.91	70.02	230.92
Lisnaskea	5,900.90	15,231.95	15,082.07	—	6,050.78
Litchfield	6,860.44	4,218.26	6,345.98	—	4,732.72
Llanelli Arthritis Self Help Group	—	1,690.38	881.88	162.60	971.10
London Area Liaison Committee	457.12	—	—	—	457.12
Long Eaton	3,862.00	1,738.00	1,587.00	—	4,013.00
Luton & District	4,104.00	1,731.00	1,756.00	2,220.00	6,299.00
Maghera	1,540.87	1,672.50	1,992.00	—	1,221.37
Sub-total Carried Forward	2,707,553.31	609,445.22	640,440.42	-53,352.19	2,623,205.92

Appendix B: Branches (continued)

	Opening funds 01/11/2006 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 31/10/07 £
Sub-total Brought Forward	2,707,553.51	609,445.22	640,442.42	-53,352.19	2,623,205.92
Magherafelt	6,398.89	3,147.04	3,776.97	97.81	5,866.77
Maidenhead	4,113.53	1,088.00	2,159.00	—	3,042.53
Manchester South	6,133.89	12,191.79	10,628.36	—	7,697.32
Mercia Hydrotherapy Group	5,706.00	3,652.00	3,498.00	—	5,860.00
Merthyr Tydfil	6,166.26	2,052.92	2,059.00	-1,260.47	4,899.71
Merton & Morden	3,920.87	24,026.00	13,809.00	—	14,137.87
Mid-way Support Grp Yorkshire	1,310.87	1,004.00	1,121.00	—	1,193.87
Milford-on-Sea	3,626.66	2,377.02	2,432.43	—	3,571.25
Milton Keynes	1,912.97	—	—	-1,912.97	—
Montrose	2,141.09	—	—	—	2,141.09
Musselburgh	5,167.47	3,500.00	4,262.00	-1,054.17	3,351.30
Nairn & District	250,154.00	21,749.00	28,213.00	8,415.00	252,105.00
Neath & District	6,067.00	6,144.00	5,251.00	22.00	6,982.00
New Malden	5,883.99	—	—	-326.77	5,557.22
Newark & District	12,633.45	1,652.98	2,830.15	—	11,456.28
Newcastle (County Down)	5,766.72	6,289.00	10,571.00	-0.33	1,484.39
Newcastle City	7,109.34	4,334.31	5,722.63	-1,029.21	4,691.81
Newham	2,466.91	1,044.00	953.00	—	2,557.91
Newmarket	6,637.88	4,565.44	5,133.21	-1.00	6,069.11
Newton Abbot	55,257.59	—	—	-1,477.00	53,780.59
Newton Stewart	5,586.84	5,185.57	5,615.70	—	5,156.71
Newtownabbey	1,868.00	2,161.00	1,485.00	—	2,544.00
Newtownards	2,318.53	411.19	1,068.74	—	1,660.98
Norfolk	115.82	621.00	367.00	—	369.82
North England Regional Committee	43,555.07	79,191.22	53,016.11	—	69,730.18
North Staffs Self-help	2,926.25	3,341.68	3,335.07	25.00	2,957.86
North Wales	327.00	13.00	—	—	340.00
North Walsham	43,861.18	4,698.73	9,092.77	-3,755.65	35,711.49
North West	800.99	1,849.91	1,633.05	-63.32	954.53
North West (N.I) (Londonderry)	43.22	—	—	-43.22	—
North West Sutherland	517.97	9.57	109.97	26.18	443.75
Northamptonshire, Leicestershire & Rutland Alc	—	560.00	328.38	367.50	599.12
Northampton	11,839.19	5,549.00	8,763.00	15,017.81	23,643.00
Northampton Link Group	4,561.97	4,611.72	3,596.82	25.00	5,601.87
Northern Ireland Regional Committee	35,318.07	9,011.00	1,771.00	-137.07	42,421.00
Nth.Notts Arthritis Self Help	4,229.84	—	—	-4,229.84	—
Oldham Branch	12,070.61	45.91	1,106.81	1,060.90	12,070.61
Omagh	6,769.77	5,200.54	4,684.48	—	7,285.83
Orkney	13,362.52	18,441.41	12,744.41	—	19,059.52
Oswestry Selfhelp Hydrotherapy	4,463.34	3,358.34	3,472.18	—	4,349.50
Paisley	2,495.00	4,987.00	4,589.00	—	2,893.00
Peebles & District	3,776.00	1,123.00	1,444.00	10.00	3,465.00
Peterhead & District	2,427.21	1,266.00	1,420.00	—	2,273.21
Pinner	4,726.01	2,612.00	2,926.00	—	4,412.01
Plym Arthritis Care Self Help	14,478.44	13,205.95	13,836.94	—	13,847.45
Plymouth	25,066.99	3,475.00	2,669.00	-19.99	25,853.00
Pontefract & District	11,998.30	8,137.94	8,630.42	-21.41	11,484.41
Portadown	7,813.17	1,106.00	7,003.00	10.00	1,926.17
Sub-total Carried Forward	3,373,445.99	888,436.40	897,569.02	-43,607.41	3,320,705.96

Appendix B: Branches (continued)

	Opening funds 01/11/2006 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 31/10/07 £
Sub-total Brought Forward	3,373,445.99	888,436.40	897,569.02	-43,607.41	3,320,705.96
Porthmadog	2,232.79	383.00	1,228.00	-90.79	1,297.00
Potters Bar	7,703.15	2,632.00	3,750.00	—	6,585.15
Redditch	560.38	1,344.98	401.08	—	1,504.28
Reigate & District Support Grp	3,138.31	3,161.00	3,119.00	-23.31	3,157.00
Rochdale	1,163.74	41.61	929.37	—	275.98
Rochford	4,217.41	3,386.05	3,807.04	—	3,796.42
Romford	12,996.00	4,273.00	4,661.00	—	12,608.00
Romsey	8,847.00	7,681.00	7,494.00	1.00	9,035.00
Rushden & Higham	3,233.43	3,241.37	3,129.72	—	3,345.08
Ryburn Valley	3,109.56	—	—	-3,109.56	—
Salisbury	7,892.00	2,558.00	3,352.00	1.00	7,099.00
Scarborough	7,765.00	—	—	-1,463.87	6,301.13
Scotland Committee	12,206.02	2,758.40	11,819.56	-30.46	3,114.40
Scotland West and Solway	1,850.00	—	—	—	1,850.00
Scunthorpe	6,384.61	5,586.18	4,478.31	-305.50	7,186.98
Shepton Mallet	4,643.89	1,468.00	2,894.00	—	3,217.89
Shetland	6,598.92	2,517.30	1,309.98	-1,229.45	6,576.79
Shipley	762.00	—	—	2,186.46	2,948.46
Shrops/Staffs	3,648.39	253.50	3,350.01	—	551.88
Skegness	8,101.36	2,504.00	3,749.00	—	6,856.36
Skelmersdale	1,772.10	—	—	-1,344.95	427.15
Sleaford	4,478.33	1,805.93	1,792.76	—	4,491.50
Somerset	892.81	19.40	84.00	—	828.21
Somerton	1,712.00	1,636.00	1,505.00	—	1,843.00
South Forest Self Help Group	3,190.05	3,464.02	2,843.57	—	3,810.50
South Manchester Arthritis Self Help	—	2,051.32	—	—	2,051.32
South Scotland Alc	—	2,476.31	438.72	—	2,037.59
South Shields	3,714.00	8,900.00	9,590.00	109.00	3,133.00
Southampton	12,298.00	—	—	-11,237.82	1,060.18
South-east England Regional Committee	102,116.16	27,358.51	66,017.55	—	63,457.12
Spalding	2,978.84	972.80	1,400.00	—	2,551.64
St Albans	18,890.00	2,556.00	3,168.00	-617.00	17,661.00
St Andrews	3,991.83	4,259.37	4,543.95	—	3,707.25
St Helens	1,980.24	2,676.07	801.11	—	3,855.20
St Ives & District	5,792.00	—	—	-5,792.00	—
Stafford	6,267.27	3,331.00	3,338.00	-1.27	6,259.00
Stamford	4,844.65	5,376.00	4,960.00	22.35	5,283.00
Stonehaven	5,874.25	3,025.80	3,425.03	367.40	5,842.42
Stroud	13,211.91	16,650.10	18,311.68	654.91	12,205.24
South-west England Regional Committee	—	—	—	24,887.21	24,887.21
Swansea	1,484.00	1,449.00	2,320.00	-35.00	578.00
Syston	2,262.37	3,697.00	3,451.00	46.63	2,555.00
Taunton	62,561.00	17,195.00	7,757.00	101.00	72,100.00
Teesdale	2,498.00	2,918.00	3,108.00	25.00	2,333.00
Thamesmead	2,241.24	516.55	554.97	-66.03	2,136.79
Thanet West	18,573.70	3,711.00	5,423.00	—	16,861.70
Thetford	2,471.35	550.00	1,631.00	—	1,390.35
Sub-total Carried Forward	3,766,596.05	1,048,820.97	1,103,505.43	-40,552.46	3,671,359.13

Appendix B: Branches (continued)

	Opening funds 01/11/2006 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 31/10/07 £
Sub-total Brought Forward	3,766,596.05	1,048,820.97	1,103,505.43	-40,552.46	3,671,359.13
Thornton Cleveleys	2,892.59	7,211.03	7,851.50	6.31	2,258.43
Torquay & Paignton	77,844.00	9,922.00	23,517.00	—	64,249.00
Trowbridge & District	1,681.18	1,448.00	1,493.00	—	1,636.18
Turriff & District	0.86	—	—	-0.86	—
Wales Regional Committee	26,638.00	1,031.00	3,189.00	-105.00	24,375.00
Walsall	7,880.49	6,576.13	3,654.10	33.10	10,835.62
Waltham Forest South	13,712.00	5,685.00	7,595.00	15.00	11,817.00
Walton-on-the-Naze	6,165.56	10,027.87	11,645.38	-5.00	4,543.05
Wandsworth	17,408.62	1,059.79	2,662.54	-898.09	14,907.78
Wansbeck	2,758.00	—	—	-2,758.00	—
Watford	148,772.00	24,545.00	27,295.00	-22,180.00	123,842.00
Wear Valley Support Group	713.32	1,850.63	1,708.78	—	855.17
Wellingborough	2,970.00	1,570.00	1,432.00	—	3,108.00
Wells	23,053.85	6,056.30	5,038.84	—	24,071.31
Wembley & Kingsbury	12,264.92	14,630.00	8,158.00	—	18,736.92
West Bromwich Self Help Group	11,192.05	20,756.07	21,164.16	136.64	10,920.60
West Lothian AC Self Help Grp	305.58	1,401.21	797.33	513.58	1,423.04
West Midlands Alc	377.96	60.00	54.00	—	383.96
West Somerset (Wiliton & Watchet)	1,776.44	2,517.03	2,038.26	-482.23	1,772.98
West Wirral	34,189.76	—	—	-34,189.76	—
Western Isles (Stornoway)	2,348.00	2,297.00	2,657.00	10.00	1,998.00
Weston Super Mare & District	13,673.97	7,278.54	12,962.54	—	7,989.97
Wick & District	2,344.70	—	—	-2,344.70	—
Winsford	3,823.42	9,370.00	10,495.00	-398.42	2,300.00
Woking	4,977.97	5,455.00	4,054.00	—	6,378.97
Woodford	34,212.09	27,839.00	26,570.00	555.91	36,037.00
Woolton (Liverpool)	4,309.65	5,741.34	4,918.57	—	5,132.42
Worthing & District	12,663.15	5,188.48	10,061.08	—	7,790.55
Wrightington Self Help Group	1,712.84	440.62	652.00	—	1,501.46
Yac South Hampshire Group	832.48	—	—	-832.48	—
Yeovil	77,083.00	12,202.00	11,911.00	—	77,374.00
Yorkshire	—	939.00	829.00	1,176.00	1,286.00
Ystrad Mynach	4,112.87	1,875.80	3,084.16	—	2,904.51
Ystradgynlais	7,984.62	2,480.25	2,342.06	—	8,122.81
Accounting Adjustments	-171,942.99	-283,452.90	-61,440.02	102,300.46	-291,655.41
Depreciation	—	—	22,125.55	—	-22,125.55
Investment Gains/(Losses)	—	40,241.80	49,636.74	—	-9,394.94
	4,157,329.00	1,003,063.96	1,333,658.00	—	3,826,734.96

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**Arthritis Care is the UK's largest organisation
working with and for all people with Arthritis**

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Registered charity numbers 206563 and SC038693

Legal status: Charitable company limited by guarantee and not having a share capital. Each member of the board and member of the charity guarantees the company the sum of £1.

ACR002

Design: Liley Design Partners www.liley.co.uk
Cover photograph: © Sigrid Olsson /PhotoAlto
Print: Palmers

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